

RIVER ADVENTURES

ADULTS

\$72 \$58 World-famous scenery and a barbecue lunch rafting the Colorado River. 8:15am - 4:00pm (min age: 5) FULL-DAY RIVER ADVENTURE

COLORADO RIVER A.M. HALF-DAY Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)

\$38

\$48

828 Raft from Rocky Rapid to Takeout. Includes BBQ lunch COLORADO RIVER P.M. HALF-DAY along the river. 11:00am - 4:00pm (min age: 5)

Enjoy exciting whitewater rapids & lunch in this unique WESTWATER CANYON FULL-DAY

s249 s179 \$165 \$165 All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5) Canyon. 6:45am - 6:00pm (min age: 10) TWO-DAY RAFT & CAMP

YOUTH ADULTS (under 16) HUMMER SAFARIS

s79 s49 Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 1pm, 4pm (2 hrs) SLICKROCK SAFARI

\$165 \$119 Further explore the backcountry in the world's most serious 4x4. Departs 7am, 12:30pm (4 hrs) SUNSET SAFARI GRAND SAFARI

698

\$89

The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)

MOUNTAIN BIKING

ADULTS

\$85 \$85 Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs) HALF-DAY MOUNTAIN BIKING

\$100 \$85 Relaxing downhill ride w/ breakfast. Enjoy grand vistas CANYONLANDS SUNRISE DOWNHILL at every turn. Departure times vary. (5 hrs)

YOUTH ADULTS (under 16) CLIMBING & CANYONEERING

\$84 899 EPHEDRAS GROTTO CANYONEERING Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 5 hrs (min age: 10)

668 Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)

DESERT ROCK CLIMBING

\$84

Come visit us at 225 S. Main Street

CONE STOP

FOR ADVENTURE

ARCHES N.P. TOURS

s79 s59 Explore a maze of astounding hidden chasms with one of our guides on this unique hike . 7:15am - 12:30pm ARCHES FIERY FURNACE HIKE ARCHES SUNSET TOUR

Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)

698 688

FLIGHTS & HORSEBACK

\$249 \$220 from an unforgettable perspective. (Approx 3.5 hours) Soar over the sandstone valleys and spires of Moab HOT AIR BALLOON RIDES

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\$150 \$150 CASTLE VALLEY HORSEBACK RIDE See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am

02s 02s 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 3:30pm (min age: 8)

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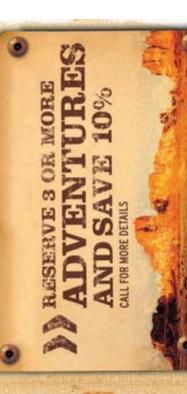
s80 s70 Cruise the Colorado River near Canyonlands NP. CANYONLANDS JETBOAT Departs 8am, 1pm (4 hrs)

09s 0Ls hr Dutch-oven dinner plus 1.5 hr jetboat on the SUNSET JETBOAT & DINNER Colorado River near Canyonlands NP.

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MOAB HAPPENINGS

MOAB HAPPENINGS®

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WINERY HAPPENINGS

Castle Creek Winery

Castle Creek Winery is located 14 miles from Moab up the Colorado River on scenic Hwy 128. Situated overlooking one of the best river's white water rapids, at the foot of dramatic red rock cliffs, it's a classic, rugged Western landscape. The winery sits on a historic working ranch; Red Cliffs Adventure Lodge.

While there are no recognized viticultural areas in Utah, many people are surprised and delighted to discover that Utah is wine country and the industry has been steadily growing for over thirty years. The geographic area of Moab is unique and imparts a special regional flavor.

Castle Creek Winery has seen tremendous growth for a little over a decade. Since they bottled their first wine, Castle Creek Winery has been committed to a simple and focused philosophy. Produce competitively priced world class wines using high desert grown grapes that are food and consumer friendly. Upon tasting the wines it's clear why Castle Creek Winery has once again won Best of State in the in the Brewery/Winery category

The history of wineries in Utah began based on successful test plantings in the 1970s. Not surprisingly, the climate in the Moab area is quite hot during summer, but most growing areas are above 4,000 feet, offering

cool nights. Moab's dry climate and sandy loam soil are optimum for growing healthy grapes, excellent for producing a variety of wines, including Syrah, Merlot, Cabernet Sauvignon, Chenin Blanc, Chardonnay and a variety of hybrids. To date, Castle Creek Winery has produced 40 award-winning wines.



In 2006 Castle Creek planted ten acres of Cabernet and Syrah vines at the winery. The lush vineyards are a standout amongst blue skies and red rocks cliffs. In addition to vineyards in Castle Valley, Moab and Monticello

and Spanish Valley additional fruit for the wines is sourced from growers in the area. Castle Creek wines are handcrafted using small lots of fruit and extended aging to create unique and personal wines. All wine production takes place on site and self guided tours are available daily.

Adding a decidedly civilized tone to the West; the winery's 4000 square foot hospitality area and huge adjacent deck overlooking the picturesque Colorado River offer the perfect location for seminars, private tastings and parties. Stop by for a visit, Castle Creek Winery has a large inviting tasting room and gift shop offering free wine tasting and wine for sale seven days a week.









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MOAB AREA EVENTS CALENDAR

Dawg Days of Summer Auction and Barbeque

August 7th
9th Annual
Humane Society
of Moab Valley
fund-raiser



Old City park
4 to 8pm.
Tickets vailable:
HSMV office & Moab BARKery.



Edge of the Cedars State Park Museum

660 West, 400 North, in Blanding, Utah. For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$3 per person or \$6 per vehicle Annual Passes: \$70 passes available at the museum Park Hours: Summer 8 a.m. to 7 p.m. / Winter 9 a.m. to 5 p.m. The museum is open 7 days a week.

Holiday Closures: Thanksgiving and Christmas



Friday, August 12, 2011 Grand County High School Football Field

For more information contact Kris Hackney (801) 277-4263 or visit www.relayforlife.org/grandcountyut

Moab Golf Course Scenic 18 Holes



Ф

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Exercise, Crafts, Health Day, Cards, Wii, Classes, Crafts, Movie Day www.grandcountyutah.net

Volunteer for your favorite special event

August 2011

- 1-31 Day Tours with Canyonlands Field Institute. Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/Guides. Every weekend through October 16. Explore Arches National Park or Colorado River side canyons with sandstone wonders, mountain views, and wildflowers. For price and more information, visit our website, www.cfimoab. org or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth. 2-5 Teen Adventure Week with Canyonlands Field Institute. Calling all teens entering 9th-12 grades who enjoy the outdoors! Spend two days camping and hiking in the La Sal Mountains and two days rafting Westwater Canyon on the Colorado River! Summit a peak, explore mountain ecology, and complete a service project; gain whitewater rafting skills, learn about river dynamics and safety, and enjoy Class II-IV rapids (depending on water levels). For more information, visit our website, www.cfimoab.org, or call 259-7750.
- **1-30 "Visions of the American West"** A photography exhibit of Brett Edge and Guy Tal at the Bighorn Gallery, Dead Horse Point through August 30. See page 7A.
- 3 Live music at Eddie McStiff's: Sunnie & Sand
- **3, 10, 17, 24 Gardeners' Exchange:** Trade, barter, buy fresh vegetables, fruit, herbs, flowers, plants and seeds. Every Wednesday evening from 5:30 to 7:30 at Old City Park (off Murphy Lane). Space is free. 259-5095.
- **4 John L. Ninnemann** ~ Photographer, musician and naturalist guide, Discussion topic "John Wesley Powell: Down the Great Unknown" 7:00pm at the Moab Information Center (MIC). Lecture series free to the public.
- 4 Live music at Eddie McStiff's: The Porchlights
- 4 Moab Garden Club meets at 6 pm. Tour a fabulous local garden. A beautiful jewel tucked away in downtown Moab area. Please come and join us for the tour. After the tour, get together for a potluck dinner at a members home. The Moab Garden Club gets together once a month to discuss gardening, share plants, seeds and ideas. Meetings are fun and informative. We are looking for more gardens to tour so if you know of any great gardens for us to have a look at please contact us. We all get our best ideas for gardening from others! Contact Tricia 259-6342 for more info.
- 5 Moab Poets & Writers Open Mic and Potluck Everyone is welcome come to read or just to listen and visit with friends & neighbors Rotary Park at 6:30 pm.
- **5-13 San Juan County Fair.** Monticello. For a complete fair guide, and fair info visit www.SJCFair.com, or contact 435-587-2290. See ad on page 16A.
- 6 Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 6 Book Signing with Gwen Waring! Please come by Back of Beyond bookstore on August 6th at 7:30pm to get your own copy of *A Natural History of the Intermountain West* and have it personally signed by Gwen Waring. If you are interested in the ecology and evolutionary story of the west, this is an essential piece of work! This will not be a speaking event.
- 7 Dawg Days of Summer Auction and Barbeque 9th annual Humane Society of Moab Valley fundraiser at Old City Park from 4 to 8 P.M. Catered by Moab Brewery. Tickets available at the HSMV office in the Moab City Shelter, as well the Moab Barkery. See article on page 7A to learn more about this event.
- 7 Live music at Eddie McStiff's: **GiGi Love**
- 7-8 Westwater Canyon Overnight Raft Trip with Canyonlands Field Institute. Experience exciting whitewater rapids as we explore Westwater Wilderness Study area! Raft, camp, hike side canyons, learn about early river history, ecology, and geology with CFI's Naturalist-Guides. For prices and registration information visit www.cfimoab.org, email info@cfimoab.org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.
- 9 Live music at Eddie McStiff's: Mickey Rollins
- 9-12 Explorer's Summer Youth Camp. Kids entering 5th & 6th grades can enjoy four days and three nights at Canyonlands Field Institute's La Sal Mountain Base Camp. Campers will hike, camp, explore, play games, do art and writing activities, and learn about the desert/alpine ecology of the Colorado Plateau while in the mountains. The last day will be spent rafting the Colorado River 'Daily'. Campers have a fun and safe adventure while escaping the summer heat! \$100/child, scholarships available. Healthy meals included. For more information and to register call 435-259-7750 or email info@cfimoab.org.
- **10** The Manchurian Candidate Moab Music Festival Film Series features movies with scores by Composer in Residence, David Amram. 7:30 pm at Star Hall. Free Admission. See article on page 1B.
- **10 Second Wednesday Book Club at the Library.** Gertrude Bell: *Queen of the Desert* by Georgina Howell is August's book selection. All are welcome 6:00 p.m. in the Grand County Public Library's Board Room.
- 10 Live music at Eddie McStiff's: Sunnie & Sand

For more info on events see www.moabhappenings.com





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Swanny City Park • 100 West and Park Drive Saturdays May - Oct • 8:00 am to Noon

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The Grand Center
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DEADLINE for SEPTEMBER Events Calendar: AUGUST 20, 2011

Listings in the *Moab Happenings* Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

www.moabhappenings.com Moab Happenings • August 2011 • 5A

MORE MOAB AREA EVENTS

- 11 Special performance by country music superstar Joe Diffie, 7:30pm, at the San Juan County Fair grounds. See page 16A
- 12-13 Women's Redrock Music Festival 2 days of music in Torrey, UT. See article on page
- 12 American Cancer Society's Relay for Life Relay is a unique opportunity for our community for come together to celebrate people who have battled cancer, remember those we've lost, and fight back against the disease. Join us for this fun filled evening. and enjoy the activities! A taste of Moab Dinner begins at 5:00 pm featuring food from Pasta Jay's, La Hacienda, Smitty's Golden Steak. See article on page 13A
- 13 Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 13 Ranger Program. Canyonlands National Park, Island in the Sky District. Come join a Ranger on Saturday evening at the Willow Flat Campground Amphitheater, at 9pm and learn how water affects everything you experience in the desert! Come enjoy your park!
- 16 Live music at Eddie McStiff's: Dave Steward, David Earl Brown, and Jeff Gutierrez
- 17 Live music at Eddie McStiff's: Sunnie & Sand
- 17 Splendor in the Grass Moab Music Festival Film Series features movies with scores by Composer in Residence, David Amram. 7:30 pm at Star Hall. Free Admission. See article on page 1B.
- 18 Tom Haraden ~ "Bats: Masters of the Night". Creatures so sophisticated, so adapted to their environment, so elusive and so misunderstood. Tom is a retired National Park Service Ranger who worked in nine parks over 37 years. Trained as a wildlife biologist, Tom has been studying bats for over 15 years and is a licensed bat rehabilitator. 7:00 pm at the Moab Information Center (MIC) Lecture series is free to the public.
- 18-21 Helper Arts and Music Festival offers an endless variety of art and fine craft vendors, along with a colossal food court where the options are as plentiful as they are delicious. Plein Air competitions; exciting art demonstrations, lectures and gallery exhibits; Playwright competition; Children's Art Yard; free concert series all weekend with live performances by many of the region's favorite musicians. www.helperartsandmusicfestival.com
- 20 Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 20 Ute Mountain Tribal Park Morris Three Cliff Dwelling Tour. See ad on page18b
- 20 Ranger Program. Canyonlands National Park, Island in the Sky District. Have you ever wondered how big space is?! Come join a Ranger on Saturday evening at the Willow Flat Campground Amphitheater, at 9pm for a tour through our galactic neighborhood! One of the darkest night skies awaits you!
- 20-21 Range Creek Archeology Tour with Canyonlands Field Institute. Range Creek Valley is a remote area containing some of the most hidden and best preserved Native American sites in the Southwest. Join CFI Naturalists for this two-day tour of the area which includes guide services, transportation, vehicle supported camp, hikes, and all meals. For more information visit www.cfimoab.org, email info@cfimoab. org or call 435-259-7750. Trip fees help support outdoor education programs for schools and youth.
- 23 Live music at Eddie McStiff's: Bret Mosely
- 24 The Young Savages Moab Music Festival Film Series features movies with scores by Composer in Residence, David Amram. 7:30 pm at Star Hall. Free Admission. See article on page 1B.
- 24 Live music at Eddie McStiff's: GiGi Love
- 25 Journey Beyond Book Group. The Knitting Circle by Ann Hood is August's book selection. All are welcome - 3:00 p.m. at the Seekhaven Chapel (81 North 300 East). For more info please call Amie Whipple at 259-2229. Copies of the book provided by the Utah Humanities Council are available for checkout at the Grand County Public Library.
- **25** Thursday Night Movie Night at the Library. "The Lincoln Lawyer" will be shown at 7:00 p.m. This event is FREE. Popcorn for this event is donated by the Moab Chevron. For more info visit the Grand County Public Library at 257 E. Center St. or call 435-259-1111.
- 25 Live music at Eddie McStiff's: Sunnie & Sand
- 26-28 Mesa Verde Country Wine and Art Festival in Cortez, Colorado. See ad on page 18B.
- 27 Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 27 Beat the Heat River Trip Benefit for HSMV. See details on page 19B.
- 30 Live music at Eddie McStiff's: Dave Steward, David Earl Brown, and Jeff Gutierrez
- 31 Live music at Eddie McStiff's: Sunnie & Sand
- 31 Pull My Daisy Moab Music Festival Film Series features movies with scores by Composer in Residence, David Amram. 7:30 pm at Star Hall. Free Admission. See article on page 1B.

September 2011

- Ute Mountain Tribal Park Morris Three Cliff Dwelling Tour. See ad on page 18B
- Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 3-4 The 2011 Moab Artists Studio Tour will take place on Saturday and Sunday, September 3rd and 4th (Labor Day Weekend) from 10 to 4. A preview of the artists' work will be presented before the Friday September 2nd performance at Star Hall. See page 5B.
- 3-5 Red Rock 4-Wheelers 37th Annual Labor Day Safari & Campout Family-event includes 4 -wheeling, camping, staging, entertainment and more. See www.rr4w.com for information.
- 5 **Labor Day**
- 10 Moab Farmers' Market Swanny City Park 8 am to 12 noon.
- 10 Moab's first annual Navajo rug auction premiers Sept. 10 at the Grand Center, 182 North 500 West. Preview rugs starting at 10am; the auction starts at 1 pm. Appraisals will be held from 10am-12pm. 300 rugs will be showcased with proceeds going directly to Navajo artisans of all ages. Demonstrations and rug appraisals will be featured. R.B. Burnham & Co. Native Auctions, known for their insight into Southwest native cultures, will conduct the auction. Presented by Canyonlands Natural History Association, supporting Navajo arts and culture. Call 435-259-6003 x10 or visit cnha.org. See article on page 6A.

2011 Moab Events

September 1-12..... Moab Music Festival

September 3-4.....Moab Artists Studio Tour

September 10 Navajo Rug Auction

September 16-18 Moab Century Tour

September 21-25 M.O.A.B. Skydiving Event

September 22-25 Moab Fall Quarter Horse Show

September 24.....Moab Autumn 10K

October 5-9 Outerbike

October 7-15 PleinAir Moab

October 8-9..... 24 Hours of Moab

October 16..... The Other Half

October 27-30 Moab Ho-Down Bike Fest

October 29..... Pumpkin Chuckin' Festival

November 4-6..... Moab Folk Festival

November 11-13 Moab River Rendezvous



Meet the Artist: David Amram

Wednesday, August 31 at 7:30

Grotto Concert I

Thursday, September 1 at Noon

Festival Opening Night

Friday, September 2 at 7:00 pm Star Hall

Open Rehearsal Conversation

Saturday, September 3 at 11:00 am Star Hall

David Amram's America

Saturday, September 3 at 6:00 pm Festival Tent at Red Cliffs Adventure Lodge

Classical Music Walk

Sunday, September 4 at 9:00 am

Punch Brothers

Sunday, September 4 at 6:00 pm Festival Tent at Red Cliffs Adventure Lodge

Rocky Mountain Power Family Picnic Concert

Monday, September 5 at 2:00 pm Moab Old City Park

Play With Your Food

Tuesday, September 6 at 5:30 pm Ranch Concert

House Benefit Concert

Wednesday, September 7 at 5:00 pm

Grotto Concert II

Thursday, September 9 at Noon

Chamber Music in the Pavilion

Friday, September 9 at 6:00

Open Rehearsal Conversation

Saturday, September 3 at 11:00 am

Star Hall

Latin Jazz All-Stars

Saturday, September 10 at 6:00 pm The Pavilion at Sorrel River Ranch Resort & Spa

The Pavilion at Sorrel River Ranch Resort & Spa

Music Walk

Sunday, September 11 at 9:00 am

Festival Closing Night

Sunday, September 11 at 7:00 pm Star Hall

Grotto Concert III

Monday, September 12 at Noon

Musical Raft Trip: Moab - Lake Powell

Monday, September 12 – Thursday, September 15

For ticket information: www.moabmusicfest.org 435-259-7003 See article on page 15B

6A • August 2011 • Moab Happenings

NON PROFIT HAPPENINGS

Canyonlands Natural History Association's Navajo Rug Auction

Alright now, wat-a-ya-gonna-gimme-for-it?

When you hear this call, you know that Bruce Burnham is kicking off one of his family's popular Navajo rug auctions.

Canyonlands Natural History Association (CNHA) has partnered with R B. Burnham & Company of Sanders, Arizona, to present Moab's first annual Navajo rug auction. Two to three hundred Navajo rugs in many designs and sizes will be presented for auction on Saturday, September 10, 2011 at Moab's Grand Center (182 North 500 West).

CNHA is presenting this auction to promote cultural awareness and appreciation of Native American arts. 80% of the auction proceeds will go directly to the Navajo artisans. CNHA will dedicate its portion of the proceeds to the CNHA Discovery Pool, which funds research projects on public lands of the Colorado Plateau.

The event begins with rug appraisals starting at 9 am (until noon) for those who would like to learn more about Native American rugs they already own. From 10 am until noon, you can preview the rugs being offered



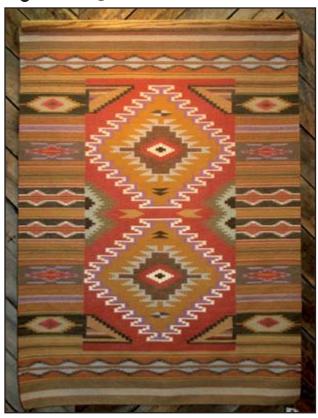


and ask questions about individual items. The auction starts at 1 pm and lasts until all rugs have been presented. Weaving demonstrations and cultural interpretation will also be part of the event.

While you are in town for the auction, you can also enjoy the Moab Music Festival, and be treated to not only beautifully crafted Navajo rugs, but also to great music by world-class musicians!

The Burnham family has been trading with the native people of the Four Corners area for five generations. Working with the weavers, they have helped to develop several distinct rug styles including the New Lands Raised Outline, Burntwater, Germantown Revival and Spider Rock. The Burnham's are noted for their encouragement of innovation and quality in Navajo textiles.

The auction venue is a great way to learn about Native American art for anyone who is interested. The Burnham crew is happy to spend time before and after the auction discussing artists, art, and other aspects of the area where they live and work.



Canyonlands Natural History Association is a non-profit that has supported the parks and public lands of southeastern Utah for over forty years. CNHA's funding comes from memberships, donations, and sales from our retail outlets in Arches and Canyonlands National Parks, Hovenweep and Natural Bridges National Monuments, as well as the Moab Information Center (MIC) and federal agency outlets.

CNHA supports educational and resource management programs of three federal land agencies on the Colorado Plateau - the National Park Service, Bureau of Land Management, and the USDA Forest Service - as well as CNHA's own educational and scientific research programs.

Discover the beauty and artistry of Navajo weaving at Moab's first annual Navajo rug auction! Saturday, September 10th, at the Grand Center in Moab. Appraisals 9 am-noon, Preview 10 am-noon, Auction at 1 pm. For more information, call CNHA at 1-800-840-8978 and be sure to mention that you read about it in Moab Happenings.





Open 7:30 AM until 7:30 PM • Free Campground & Motel Pick-Ups

www.moabhappenings.com

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DEAD HORSE POINT HAPPENINGS

Nature Photographers Bret Edge & Guy TAL

Inspired by the wild places of the Colorado Plateau, two photographers have combined their talents to create a vibrant exhibit of photography. "Visions of the American West" is a collection of images on display in the Bighorn Gallery at the Dead Horse Point State Park visitor center through August 30th.

Edge is a nature and adventure photographer who "appreciates the intimate details in nature" that are often overlooked. Edge's images have appeared worldwide in books, magazines, calendars, ad campaigns and tourism publications. He enjoys teaching others to become better photographers through workshops and guided excursions. He lives and recreates in Moab with his wife, son and two all-terrain pugs.

Tal chose nature photography as a way of "capturing and sharing the beauty, power and fragility of wild places." His photographs are visual expressions that aim to "inspire without venturing outside the realm of the believable". His photography and technical expertise

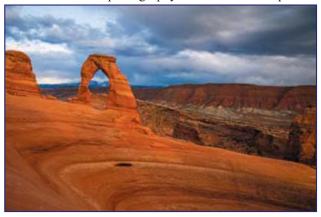


Photo by Bret Edge

are shared in his books and he is a contributor to Nature Photographers Online Magazine. Tal is a professional photographer, writer and guide living in Torrey, Utah.

During the photography exhibit at Dead Horse Point State Park, Edge and Tal's images are available for purchase, as are their prints. For more information about the artists, visit www.bretedge.com and www.guytal.com

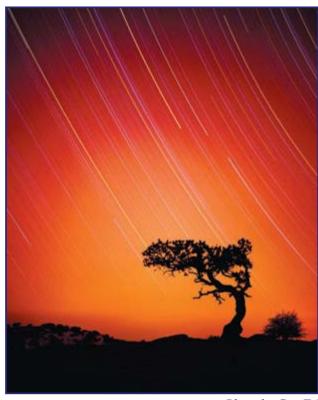


Photo by Guy Tal

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. from March 15 to mid-October and 9 a.m. to 5 p.m. through the winter. Park admission is \$10. Contact the park at 435-259-2614. Contact: Megan Blackwelder Park Manager 435-259-2614

Humane Society of Moab Valley Annual Dawg Days of Summer Barbecue and Silent Auction

The ninth annual Humane Society of Moab Valley BBQ and major fundraiser will take place at Old City Park from 4 to 8 P.M. on Sunday, August 7th. Food will be catered by the Moab Brewery and will include beef tri-tip, chicken, vegetarian pasta, beans, cole slaw, corn bread, salad, dessert, and the Brewery's special keg root beer. Tickets are available at the HSMV office in the Moab City Shelter, as well as the Moab Barkery.

Enjoy the talents of local musicians while treating

your taste buds to a fabulous BBQ. This year's silent auction will be better than ever, with luxury gift items to pamper yourself or give to a friend, as well as gift certificates for art, restaurants, adventure trips, and more! The silent auction and BBQ are the primary annual fundraisers for the Humane Society of Moab Valley.

The BBQ started in 2002, by Paul and Zee McCarroll, then chefs extraordinaire at the Center Cafe. They had just opened at their new location on First West; Zee's mother used to love to come by and check out the construction progress and was excited to see it open. Sadly, she passed away just before the new cafe opened. With this business, the McCarrolls decided that one of their missions was to give back to the community. At the time, funds were being raised to build the first animal shelter in Moab. They decided that by holding the BBQ, they could honor Zee's mother, help to accomplish and support something much needed, and do something fun that local people would enjoy. Zee started barbecuing several days in advance; friends and staff shucked corn and helped with other preparations. The Center Cafe's staff was awesome, donating their time and even their

tips to the Humane Society! They all looked forward to it and had a great time. The lovely cafe, the generosity of the staff, donors to the auction, and attendees made this a highlight of the summer season for many local residents.

After the Center Cafe closed, Buck's Grill House was the next venue for the event. Tim Buckingham opened up the outdoor patio and supplied a great selection of delectables. This year, a new atmosphere will be tried





at Old City Park - a bit less formal, hopefully a bit more fun with great food, activities for the kids, and certainly the best silent auction ever!

Stargazing

On a dark, clear night, over 2,000 stars are visible in the sky. The area in and near Dead Horse Point State Park has some of the darkest skies found in the United States. Rangers at Dead Horse Point take advantage of these dark nights, providing various astronomy programs and full moon hikes throughout the summer and fall. The full moon doesn't provide for dark skies, but it does offer great nighttime views of the canyons below the park.

Astronomy programs cover a variety of themes and, weather and temperature permitting, include viewing stars and planets through a telescope. One program focuses on astronomical events and features (including visible planets) while another focuses on how the night sky has connected us as humans for thousands of years. These dark night skies are an important resource and need to be protected. Learn how to protect our dark skies and nocturnal animals by attending these programs!

Full moon hikes are offered once a month and cover topics including lunar features and nocturnal animals. The moon is over 238,000 miles from the earth and still plays a large part in our lives. Nocturnal and crepuscular animals living in the park include coyote, kit fox, bats, mule deer, owls, scorpions and rattlesnakes.



Bats are the most commonly seen nocturnal animals in the park and deserve their own program. Bats sometimes have a bad reputation, but they are very beneficial to humans. Bat programs are provided one to two times per month. These programs include games, activities, a slide show and nighttime bat viewing.

For current program information, visit us at www. stateparks.utah.gov/parks/dead-horse or call the visitor center at (435) 259-2614.

Celebrating 11 years of serving the Moab area, the local Humane Society is run solely on donations and grants, with volunteers supplying the vast majority of work. The organization's mission is to improve the lives of companion animals and their owners by: •Saving the lives of orphaned animals through adoption services. Providing training, support and education pet for and the community owners •Providing spay/neuter opportunities for all cats and dogs.

Holding adoption days most Saturdays, sponsoring three spay/ neuter clinics per year as well as year-round low-income vouchers, working with Seekhaven to assist families leaving abusive situations by providing a safe place for pets, and providing discount for senior adoptors and/or senior animals are just a few of

the on-going programs of HSMV.

For more information on the BBQ, animals, volunteering or donating, call 435-259-HUMANE (259-4682).

8A • August 2011 • Moab Happenings

HIKING HAPPENINGS

The Lake To Lake Link - Warner To Oowah

In the spring of 1933, during the grip of the Great Depression, a Civilian Conservation Corps camp, which employed almost 200 men, was established at the Warner Ranger Station. Franklin D. Roosevelt, desperate to get men back to work, proposed this five year public relief program to provide three million jobs for the conservation and development of natural resources in rural areas of the United States.

In one season the laborers completed range improvements, overhauled trails and also constructed the stream-fed reservoirs of Medicine, Oowah and Clark, while making improvements on Warner, which was originally built as part of an irrigation system to Wilson Mesa. These projects, especially our beautiful alpine lakes, have now become an

integral part of the La Sal Mountains. It's hard to imagine all the strenuous work that went into their construction, and even harder to picture our high country landscape without them

We are lucky to have visions of the La Sal Mountains on our eastern horizon year round, and even luckier during the scorching summer heat to have this delightful mountain oasis a short drive away - an upward migration of 6,000 feet or more miraculously drops the temperature down to an uplifting comfort zone of refrigerated coolness. When the thermometer in Moab is climbing past the century mark, Warner Lake, at an elevation of 9,350 feet, is an idyllic location to chill out - the reflection of Haystack Mountain on its refreshing blue waters a perfect cure for the summer time blues. Close by, there's a picnic area, a campground with twenty sites (\$10.00 per night) and a group campsite that accommodates fifty people.

To get to Warner Lake from Moab, drive almost eight miles south from the center of town on Highway 191 and turn left at the sign for the Ken's Lake-La Sal Loop Road. Continue half a mile to the stop sign at the "T" and turn right on to the Spanish Valley Drive-La Sal Loop Road. Drive past the Geyser Pass and Oowah Lake turn-offs, and 12.7 miles from the "T" take a right at the sign for Warner Lake. Despite the often washboard condition, this five mile graveled road is suitable for any vehicle, but is only open during the summer and early fall seasons.



This majestic mountain lake, a popular spot for fishermen, is a hub for six well-used trails. For my hike on the Oowah Lake Trail, I walk past the south side of the lake and at the first signed fork, I go right for the Oowah Lake-Schulman Gulch Trail rather than turning left on to the Burro Pass-Dry Fork Trail. At the next marked intersection, I take a left for the two mile route that will end at Oowah Lake.

Gradually heading down in a southerly direction, I relish the pungent earthy scent of pine and the wonderful dance of the quaking aspen. The stronger the breeze, the faster those heart-shaped leaves move – there's no better wind chime than their delightful rustle.

A variety of birds, protectively hidden in the denseness of firs and spruce, reveal their identity when they open their mouths to belt out their lively tunes. The most prominent and prolonged are the voices of the warbling vireos as these boisterous birds pour forth in song without ever seeming to take a deep breath. Occasionally, a ruby-crowned kinglet jumps in with his jumble of energetic notes. In this thick foliage I seldom see these constantly-in-motion dynamos, let alone catch a glimpse of the male's brilliant red crown, which is usually concealed. From the tips of the trees, I hear the harsh rattling call of a Steller's jay and as always, I am enchanted with the melodious flute-like chorus of the hermit thrush that carries so hauntingly from within the

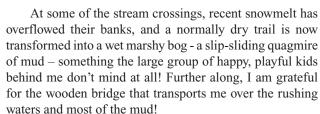


thicket of the lower level of the trees.

Walking through a wealth of wildflowers, I often pause to soak in their special beauty as I admire the charming nod of the bluebells, the petite size and loveliness of the creamy white to pale blue violets and the dazzling brilliance of the deep blue larkspur. In their



preferred wetness zone, the mountain iris has been prolific this year. Bluish-purple, softly streaked with yellow, these flowers always deserve a close-up look. In certain areas, the profuse glitter of the golden peas and dandelions — a cornucopia of gold - stuns my visual senses. Swallowtails and mourning cloak butterflies, which are intent on this blossoming bounty, languidly flutter from flower to flower to sip on this sweet cocktail of nectar. These uniquely marked winged beauties look so fragile, but as long as their habitat stays intact, as a species, these fascinating insects are inherently resilient.



Once in awhile, the thick trees give way to a drier, wide-open slope, and when that happens the views are spectacular. I can't pass up one particularly advantageous spot, and anxious to heave my heavy pack off my back, I plop down for a long break so I can appreciate this long distance setting. At this special moment on a crystal clear day, I am enjoying immensely this high altitude interlude as I look down on a hot isolated landscape, which stretches

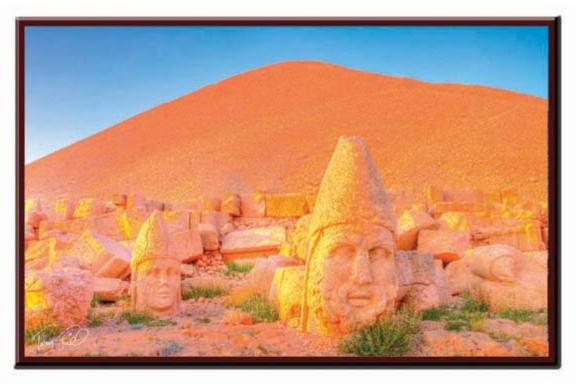
for miles and miles across a tangled web of canyons, mesas and buttes — a wondrous scene that is climaxed on the western horizon with the sharply defined profile of the three separate sections of the Henry Mountains.

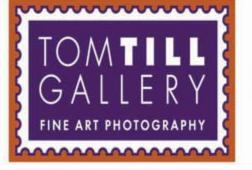
Story and photos by Marcy Hafner

Much later, I reluctantly push myself back up on my feet to move along on the last

part of the trail, which abruptly drops down into the Mill Creek drainage. My knees feel the grueling 15% grade, as I jounce down on this rocky section to the Oowah Lake Road. Now the route, which continues on the road, mellows out as I walk the final uphill half-mile to the trailhead at the lake finishing a gratifying two mile high elevation hike.







Incredible Images of the Moab Region and Across the Globe

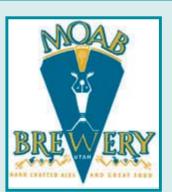
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www.moabhappenings.com Moab Happenings • August 2011 • 9A



RESTAURANT GUIDE





Moab's **ONLY ONSITE**

Microbrewery & Restaurant

State Liquor Licensee Orders To Go Beer To Go PATIO SEATING KIDS MENU **G**ELATO

STEAKS • BURGERS • BBQ • SALADS • SEAFOOD

LUNCH & DINNER DAILY - OPEN 11:30 AM 686 South Main • 259-6333

(McDonald's is next to us)







101 NORTH MAIN STREET

Moab's Breakfast Place

Open 7 am to 12 Noon

"Good Enough for a Last Meal"

How To Get A Drink...

...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to some restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example,

Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire

menu in both the Watering Hole and restaurant. However, if you sit in the family dining

restaurant, you need to order food to consume an alcoholic beverage.

The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail or beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

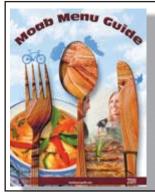
Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

> Beer (3.2% alcohol content) for takeout can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required

beer license. Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have

a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



Pick up a copy of the **Moab** Menu Guide at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com.











RESTAURANT GUIDE



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RESTAURANT





CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST 259-3588 JUST SLIGHTLY OFF MAIN **ENJOY OUR PATIO**

OPEN NIGHTLY AT 5:00PM CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM

STATE LIQUOR LICENSEE

Carnivores, Herbivores, Omnivores! Vegetarian Friendly Breakfast Lunch "Best Desert Oasis" Salt Lake City Magazine HOURS 7 Days A Week 7:00am-1:30pm 352 North Main, Moab • 435-259-6896





Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)

Dinner

Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

Branding Iron Bar & Grill

2971 South Highway 191

259-6275

Dinner at 5pm Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Buck's Grill House & Vista Lounge

1393 North Highway 191

Dinner

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

Burger King

606 South Main 259-2700

Cassano's Italian Restaurant

11 East 100 North 259-6018

7 days a week 3pm - close

Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

China Cafe

812 South Main

City Market

425 South Main

259-7933 259-5181

Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002 Breakfast Buffet 6:30 - 10 daily Sunday Brunch 7-2

Lunch • Dinner

River fronT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Denny's

989 North Highway 191 259-8839

Breakfast • Lunch • Dinner

Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro

1266 N Hwy 191 at Moab Springs Ranch 259-0756 Dinner

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Eddie McStiff's Restaurant & Brew Pub

57 South Main Street

435 259-BEER

Lunch: 11:30 am Daily Dinner: 4:30 pm Nightly 12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Fresh Ground in House Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels. Live Music on Selected Nights.

EklectiCafe

352 North Main Street 259-6896 Breakfast • Lunch

Open 7 days a week 7:00 a.m. - 1:30 p.m.

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana

202 South Main Street

259-4366

Sun - Thur 11am - 10pm, Fri & Sat 11am - 11pm

Experience the close-up magic of Rick Boretti

Thursdays and Fridays 7-9 pm.

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill

44 West 200 North

259-2654

Lunch • Dinner Open Daily 11 am

Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome.

Hogi - Yogi

396 South Main (next to Teriyaki Stix) 259-2656

Lunch • Dinner Open Daily

Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & takeout orders welcome.

Jailhouse Cafe

101 North Main Street

259-3900

Breakfast

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse

218 North 100 West

435-259-3588

Open Nightly at 5:00pm

Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda

574 North Main

259-6319

Lunch • Dinner - Open daily 11:00 a.m. **CELEBRATING 30 YEARS! Superior Mexican specialities**

with menu items for the gringo, too. Daily specials & out-ofthe-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212 Deli Open 6 a.m. - 8 p.m.

Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron whch is open 24 hours. Our Sandwiches are made to order. Call in orders welcome.

Los Girasoles

2740 SHwy 291 (Old Stage Coach) Open everyday 11 am - 10 pm

259-1660

The third location is now in Moab, our other two locations were voted best mexican food in their city. Don't miss out on our lunch and dinner specials every day. Vegetarian, seafood, chicken, pork, fish and beef. Everything on our menu is under \$13.00 We didn't forget about the kids (lunch \$6.00) either, with our full kids menu. We promise to be the best Mexican food in Moab. Don't believe us? Come and try it out for yourself, we won't let you down!

Love Muffin Café

139 North Main

259-6833

259-8800

McDonald's

640 South Main

Mi Ranchito y Mexicano 259-0550

812 South Main Street, Suite B Breakfast • Lunch • Dinner

fax 259-5533 Mon - Sat 9:00am - 10pm Sun 9am - 9pm

New owner. Changing daily specials. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch or dinner pick-up. We will cater

Miguel's Baja Grill

your employee holiday party.

51 North Main Dinner

259-6546

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to

Milt's Stop & Eat

400 East and Millcreek Drive

259-7424

Lunch • Dinner Open Tue-Sat 11am - 9pm & Sun 12-4 Closed Mon

A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltsstopandeat.com

Moab Brewery

686 South Main Lunch & Dinner 259-6333

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

For more information about these restaurants pick up a "Moab

www.moabhappenings.com Moab Happenings • August 2011 • 11A



GUIDE P











Moab Coffee Roasters

90 N. Main St. 7 days a week 6:30am - 10:00pm

259-2728

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab's Daily Grind

1146 South Hwy 191 #B

259-1115

Mon-Sun: 6 a.m. - 2 p.m. FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

Moab Diner & Ice Cream Shoppe

189 South Main

435 259-4006

Breakfast • Lunch • Dinner Mon-Sat: 6:00 am - 9:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli

259-0200 98 East Center Open for Lunch Mon - Sat

Greek style deli with old family recipes. Fresh made dressings $and \, salads. \, Big \, sandwiches. \, Soup \, of the \, Day. \, Order \, box \, lunches \,$ to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza

702 South Main St

259-9999

Lunch • Dinner At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

Pasta Jay's

4 South Main 259-2900

Peace Tree Juice Cafe

Breakfast • Lunch • Dinner

20 South Main

259-0101

Open everyday 7am-10pm Welcome to the brand new Peace Tree. Dedicated to using the freshest local ingredients, while adding a new and exciting breakfast and dinner menu featuring vegan and gluten free

Pizza Hut

265 South Main

259-6345

Lunch • Dinner Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m. Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital

items. Catering and to go orders are available.

450 West Williams Way

Red Rock Bakery & Net Cafe

74 S. Main Street 259-5941

Breakfast • Lunch

Open 7am-4pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

Rio Sports Bar & Grill

1 block west of Main on Center Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. 21 years and older. Open every day at 3:00Pm

Sabuku Sushi

90 East Center 259-4455

Singha: Authentic Thai Cuisine

92 East Center Lunch • Dinner

Lunch: Mon-Sat 11a.m. – 3 p.m.

Dinner: Mon-Sat 5 p.m. – 9:00 p.m.

Closed Sunday

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe

5 North Main Lunch • Dinner 259-8004

Open everyday 11 am - close Steaks, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Ice cold beer. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service

Liquor License. Live music Fri, Sat & Sun. Open Mic on Thur.

Smitty's Golden Steak

540 South Main

259-4848

Breakfast • Lunch • Dinner Open 6am-9 pm 7 days a week

Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128

Dinner (by reservation only)

 $Enhanced\,Utah\,Dining\,Experience.\,Overlooking\,the\,Colorado$ River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

Subway Sandwich Shop

299 South Main

259-SUBS

Breakfast • Lunch • Dinner

Open 8 a.m. everyday NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191

259-7146

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Szechuan Restaurant

125 North Main

259-8984

Teriyaki Stix

396 South Main, Next to Hogi-Yogi 259-2656 Lunch • Dinner

Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market.

The Blu Pig

811 S. Main

435-259-3333

Lunch • Dinner

Open 11am to 10pm 7 days

Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Our pitmaster is smoking your favorites all day, every day. With five different BBQ sauces from different regions of the country, you're sure to have a favorite or two. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license.

Village Market

702 South Main 259-3111

Wake and Bake Cafe 59 S. Main #6, McStiff's Plaza

259-2420

Wendy's

259-2595 260 North Main

Wicked Brew Drive Thru

259-0021 132 North Main

Open at 6 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

259-0039

96 South Main Street

259-6555

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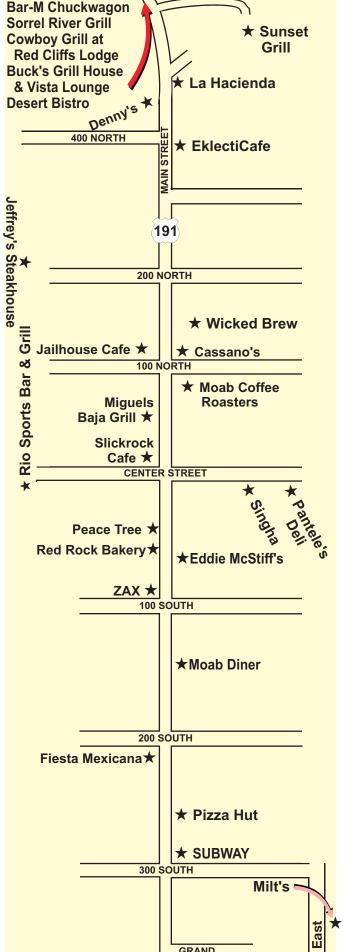














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RESTAURANT GUIDE

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Mi Ranchito y Mexicano ★

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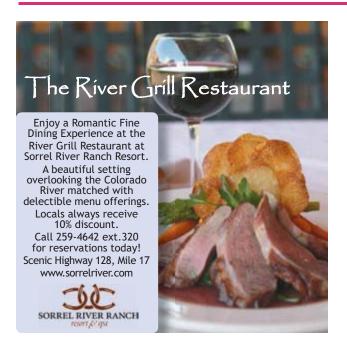
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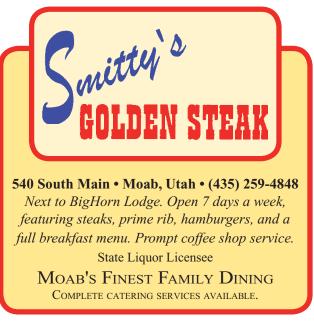
Moab's Daily Grind ★



RESTAURANT GUIDE







American Cancer Society's Relay for Life - Friday, August 12

"Relay is a unique opportunity for our community for come together to celebrate people who have battled cancer, remember those we've lost, and fight back against the disease."

It's not to late to join us for this fun filled evening. Join a team, start your own team, or just come to the event and enjoy the activities!!

Lots of fun activities for the whole family:

- Climbing wall
- Dunk tank
- Hoop it up
- Bunco tournament
- sock hop
- face painting
- Raffles
- Kids games

A taste of Moab Dinner begins at 5:00 pm Featuring: Pasta Jay's , La Hacienda, Smitty's Golden

\$10.00 per adult \$5.00 per child (12 yrs and younger) Survivors eat for free

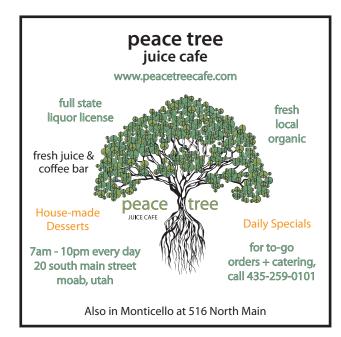
Opening Ceremonies begin at 6:30pm including Survivor lap and torch ceremony Entertainment from local talent begins at 7:00pm Luminaria Ceremony 10:00pm

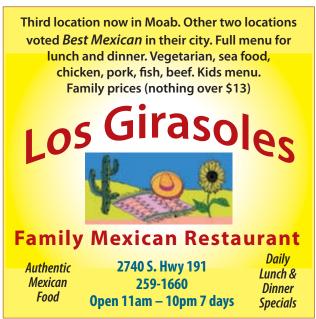
For more information please call Kris Hackney 801-227-4263

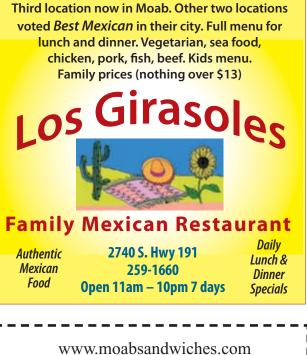
















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NATURE HAPPENINGS

Home on the Range

They have their own song, "Where the deer and the antelope play," but those words first written in 1876 were a bit misleading. "Where the deer and the pronghorn play," doesn't have the same ring, but is biologically more correct.



The American pronghorn, swiftest North American land mammal, is the lone member of the Antilocarpidae family of even-toed hoofed mammals. Placed in the genus Antilocarpa, which means "antelope-goat," these desert dwellers are distinct from their African relatives.

Prior to westward settlement, an estimated 30-60 million pronghorn roamed across the vast interior of North America. Hunting and habitat conversion

reduced that number to around 20,000 by the early 1920s. In addition, barbed wire may have tamed the West, but it was detrimental to the non-fence jumping pronghorn.

Unlike deer and elk which shed antlers, pronghorn horns are a bony core surrounded by a sheath of specialized skin and fused hairs. These sheaths are shed annually in early winter and replaced by mid-summer. On the bucks these horns may reach 10-20 inches long and have a small notch or prong, which gives them their common name, that points forward. The rest of the black horn curves backwards and slightly inwards. Females also have horns, but these are

and shrublands - the pronghorn relies on keen eyesight and speed to elude predators. Their large eyes are set in by Damian Fagan

bony rings that provide them a great field of vision. When threatened, a pronghorn erects the white hairs on its rump effectively doubling this patch in size. This white flag does not indicate surrender, but is a visual alarm sign to other pronghorn. And for those other pronghorn not paying attention, the sentry may release an odor from



their rump glands that gets the herd's attention.

Starting in late summer and early fall, male pronghorns defend breeding territories and gather harems. Polygynous

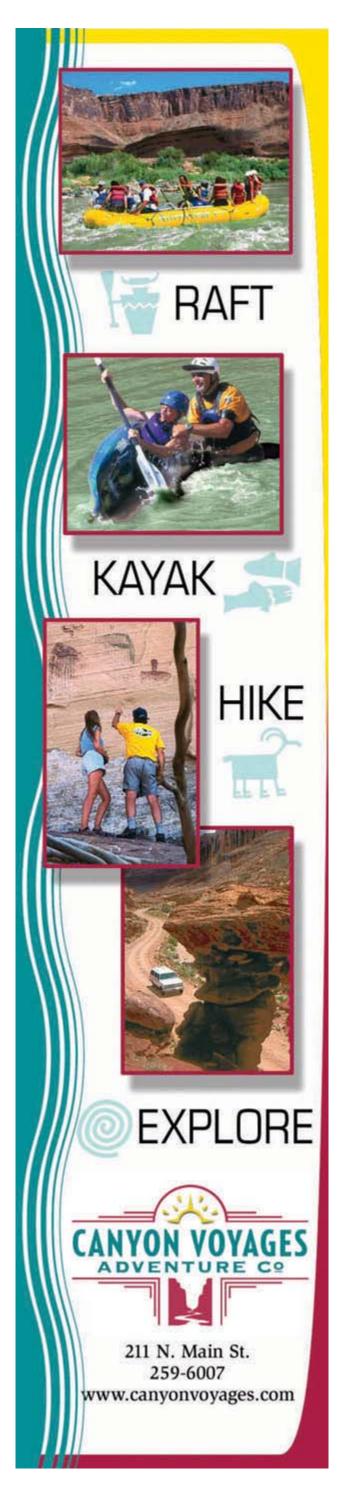
> by nature, male pronghorns may breed with up to 20 does. Chasing, jousting and other displays between males occur during this time. Males may also be observed "battling" bushes, but this behavior places scent marks on vegetation to help define these boundaries.

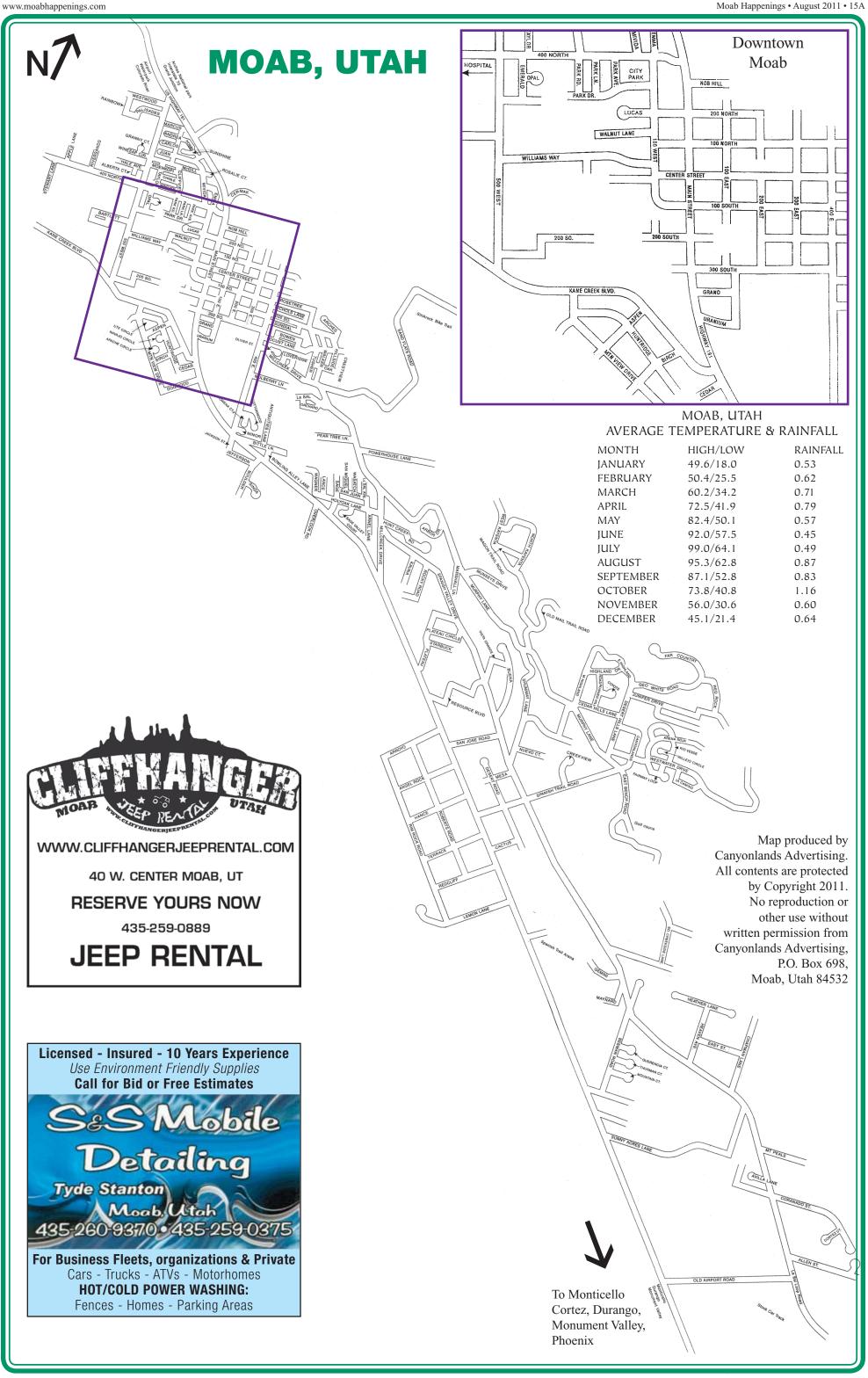
With a one-month delayed period between breeding and implanting of the eggs in the uterus, the does have a seven to eight

month gestation period. Fawns born in spring can outrun a coyote within a few weeks.

The Cisco Desert along Interstate 70, the west side of State Highway 191 from the Interstate south towards the Canyonlands Airport, and the Hatch Point area down by the Wind Whistle Campground have extensive areas of grasslands and shrublands that support pronghorn. Use your vehicle like a viewing blind rather than stepping out of the vehicle for a closer look at these magnificent animals. Besides coyotes and bobcats preying on young pronghorns, the next major predator is humans, and a pronghorn will quickly put distance between themselves and a hiker. And though pronghorn are active throughout the day, even in the August heat, early morning and evening are the best hours







16A • August 2011 • Moab Happenings

COWBOY HAPPENINGS

Head 'em up and Move 'em out to the Bar-M Chuckwagon's Live Western Show & Cowboy Supper

What is the Bar M Chuckwagon? The Bar M Chuckwagon is Moab's own unique western dinner theater. It's a fun, family-oriented, evening activity that is set in an "old west town" just outside Arches National Park. More than a hearty meal, the Bar-M Chuckwagon is great experience for folks of all ages and features a wild-west gunfight, a delicious cowboy supper and a professional western music and comedy show featuring the "Bar-M Wranglers."

Back In the old west, the "chuck" or food wagon was an essential part of any cattle drive. It carried all of the supplies and food the cowboy's would need during their journey. The camp cook (or "cookie") would prepare and serve all of the cowboy's meals from the chuck wagon. After the evening meal, cowboys

would sing songs around the campfire to pass the time and calm the cattle for the night. The concept for the modern chuck wagon restaurant sprung out of these traditions. At the Bar M Chuckwagon you can leave your cares behind, go back in time and re-live the days of the American Cowboy!

Just five miles north of the entrance to Arches National Park on Highway 191, pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." Don't forget to pay your respects at "Boot Hill" along the way. The ticket booth and grounds open at 6:30 PM. Arrive early enough to belly up to the Saloon for a cold one and browse through the Primrose Emporium full of western souvenirs and more.

The wild and wacky gunfight begins around 7:00! After the smoke clears, everyone enters the large barnstyle dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail-style on metal plates and cups. You get a choice of sliced roast beef in barbecue sauce or barbecue chicken served with baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits, and spice cake.



Cowboy coffee, lemonade and iced tea are included and there are seconds as well. A vegetarian meal is available with advance notice.

Right after supper, the "Bar-M Wranglers" take the stage and perform an authentic, high-energy, professional western stage show full of fabulous vocals, thrilling instrumentals, ranch-style humor and audience participation. The "Wranglers" are Alan and Valerie Brown, Clay Maxam, and David Steward.

Two members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Alan and Valerie both sing, yodel and play several musical instruments. Valerie an Alan met and married in Nashville, Tennessee. Originally from Salt Lake City, Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Alan is a singer/song writer and is also the Camp Cook. Originally from Illinois, he toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab and took over the Bar-M Chuckwagon.

Clay Maxam hails from the Northwestern

United States and now resides in Moab with his wife Judy. Clay shines on the intricate pedal steel guitar and also plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid

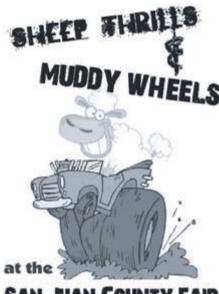
bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 23 years. He also does vocal arrangements for the group. Dave has a CD of original music called "Wild West Heart" and also a CD of classic cowboy songs called "Call of the Canyon."

The Bar-M Chuckwagon's season runs April through mid October. Dates vary with the season, please call for schedule. See ad on Page 20B. There is year-round availability for special events. Admission price includes dinner, live

western show, games, gunfights, and gratuity: \$26.95 for adults, children four to twelve years old are half price and kids three and under are free. Call 259-BAR-M (2276) for reservations or visit their website at www. barmchuckwagon.com. Call today and Join the Fun!

And be sure to mention you read about it in *Moab Happenings*.

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STUNTS, STARS & LEGENDS

Marguerite and Clifford Happy

Marguerite was raised in Salinas, California. She married Clifford in 1977 and moved to Newhall. Don Happy, her father-in-law assisted her in becoming an extra in the movie business. In 1979, in the film "1941", stunt coordinator Terry Leonard converted her during a fight routine which started off her stunt career.

RIVERSIDE C



Her credits include: "Men in Black II", "The Mask of Zorro", "Runaway Bride", "Charlie's Angels Full Throttle" and in "Thelma and Louise", which was filmed in Moab, Utah. During her stay in Moab, she was foot printed in cement at the Hollywood Stuntmen's Hall of Fame, which was here from 1988 until 1996. While it was open to the public, many Stars and Stunt People were so honored. Marguerite is a member of The Women's Professional Rodeo Association ... her specialty is horse work, although she has joined the ranks of a well-rounded stuntwoman. Her family is a blessing and raising children is one of the most rewarding feats in life, while stunt work is the excitement which has been the icing on the cake.

Marguerite and Clifford were inducted in the Hollywood Stuntmen's Hall of Fame in 2010, joining many of the stunt legends.

Some of the other films Marguerite include: "Charlie Chan and the Curse of the Dragon Queen" (1981), "War

Games" (1983), "Triumphs of a Man Called Horse" (1983), "Wanted:Dead or Alive" (1986), "Three Amigos" (1986), "Beauty and the Beast" (TV series) (1987), "Throw Momma from the Train" (1987), "She's So Lovely" (1997), "The Nurse" (1997), "Back to the Future Part Ill" (stunt double: Mary Steenburgen) (1990), and many more.

Clifford Happy was born to Don and Edith Happy in Newhall, California and grew up around the Rodeo business. Edith is an inductee of The national Cowboy Hall of Fame and the Pro Rodeo Cowboy Hall of Fame. Don was an NFR pick-up man in 1961 and 1962! Clifford worked every event excelling in steer wrestling, calf roping,

s a d d l e bronc and bareback riding his RCA card at the

young age of 13. He was a Cal Poly C.N.F.R. team champ in 1973, the last year they won Nationals! His father Don opened doors into the film business. Cliff quickly became an established, well rounded, working stuntman and was asked to join Stuntmen's Association of Motion Pictures.

Some of Clifford's credits include: "Lonesome Dove", "The Good Old Boys", "Dukes of Hazzard", "U.S. Marshalls", "Double Jeopardy", which was filmed in Moab, Utah, "Men in

Black II", "The Hunted", "The Missing", "Anchorman", and "Geronimo: American Legend" (it was in 1993 in Moab when he worked in this film. Recently he coordinated stunts on "The Three Burials of Melquiades

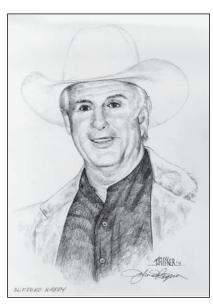
Estrada". His and Marguerite's two sons, Sean and Ryan, are third generation stuntmen and are carrying on the family legacy!

by John Hagner

Some of Clifford's other films were: "Animal House" (1978), "Hooper" (1978), "The Villain" (1979), "The Long Riders" (1980), "Blue Thunder" (1983), "Spacehunter: Adventures in the Forbidden Zone" (1983), "Triumphs of a Man Called Horse" (1983), "Silverado" (1985), "North and South" (TV mini-series) (1985), "Three Amigos" (1986), "Pink Cadillac" (1989), "Ghostbusters II" (1989), "Glory" (1989), "El Diablo" (TV movie) (1990), "Under Siege" (1992), "The Fugitive" (1993), "Batman Forever" (stunt double for Tommy Lee Jones) (1995), "Men In Black" (1997), "Rough Riders" (TV movie) (1997), "and many more.

The Hollywood Stuntmen's Hall of Fame is presently looking for a new home. Anyone interested in becoming a sponsor in this effort may contact John Hagner (Founder) at 435 260-2160. Tax deductible donations are welcome and appreciated. Mailing address is: Hollywood





Stuntmen's Hall of Fame (Attn: John Hagner), 81 W. Kane Creek Blvd. -

#12, Moab, Utah 84532. Website for the Hall of Fame is www.stuntmen.org. Go to Facebook and search out Falling For Stars. Then Artist of the Stars, then Stunt Stars and Legends.









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HISTORIC HAPPENINGS

FROM COWPOKE TO PAINTSTROKE

Photos, art and poems are reprinted from the historical collection of documents and materials of the Le wis H. "Dude" Larsen and Dot Larsen family, with permission from their daughter Bette L. Stanton of Moab, historian and co-author of "Roadside Art, Wisdom and Humor of the Old West," and other books.

Artists take note: Among the early settlers of this area were two fine artists whose work ranged from cowpoke to paintstroke.



Dude Larsen and his wife Dot in their art studio in Kanab, Utah during the 1940s. Picture on the easel was painted by Dot.

Casually referred to by family and friends as Dude and Dot, they were an ambitious and talented couple whose lives were rooted in ranching. Lewis H. "Dude" Larsen was born in 1909 at Professor Valley Ranch northeast of Moab near the Colorado River. Dorothy "Dot" Robb, who married Dude in 1932, came from the Serpents Trail Ranch near Fruita, Colorado.

Both were essentially self-taught artists. Their favored medium: oil paints. Dude also wrote many poems to accompany his paintings, and for awhile, Dot penned romance novels but quit after her attempts failed to attract a publisher, according to her oldest daughter, Bette Larsen Stanton of Moab

While many older residents of Moab and surrounding towns may remember "The Cowboy Artist" and his wife Dot, Stanton has gone to great lengths over the years to keep their story alive. Stanton, born at Serpents Trail Ranch (now Colorado State Park), was the first of the Larsens' four children.

A historian and author herself, Stanton created an exhibit of her parents' works for a special exhibit in 2003 at the Dan O'Laurie Museum of Moab, and wrote a small pamphlet to accompany the exhibit. Due to her efforts, a section of the Western Heritage Film Museum at Red Cliffs Lodge was also dedicated for display of the Larsen works and life story when Grand County moved its movie memorabilia to the main lodge of the resort in 2002-03.

Visitors to the county's film museum, about 14 miles upriver along Utah Highway 128, are admitted free of charge.

Stanton remembers as a little girl watching how brushstrokes created images she recognized in everyday life of ranching and roaming the mountains and canyons of southeastern Utah and the Grand Canyon, where the family lived on income from Dude's paintings during the Great Depression.

"I think what was neat was every time they painted I'd ask what they were painting, and they'd tell me, and that they were doing it so their descendants would know their story. The most important thing to my folks was they knew it was the end of the real Old West, and they wanted us to know how it was," Stanton said.

In 1938, Dude acquired a loan to make a business out of his art and the family established a trading post and art studio in Kanab, later buying a hotel and café. In Kanab, Dot began painting to keep up with the demand for their western images reproduced as postcards. Stanton noted that her parents netted about \$30,000 annually in those years, and she would haul the postcard shipments to the post office in her little red wagon.

Stanton's grandparents, Mads and Elizabeth Larsen had joined the Church of Jesus Christ of Latter-day Saints (LDS, the Mormons) in 1855-56, after immigrating to America from Denmark. With one daughter, they crossed the Plains with one of the Mormon handcart companies. In compliance with a church custom that allowed plural marriage in those days, Mads Larsen took a second wife, Jane Bishop from England. With her, Larsen produced seven more children, among them Dude's father, Mads Thomas "Tom" Larsen, born in 1869. It was the second marriage that was the lineage of "The Cowboy Artist" whose range and paintings encompassed the classic West of this area from Professor Valley up to the Bookcliff Mountains, and from Westwater Creek to Big Flats across to the La Sal Mountains.

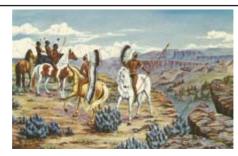
It was a vast territory to ride, and a breathtaking country to paint.

Eventually, the artistic duo split up. Dude remarried and took up ranching with his new wife in Colorado. Dot united with her first child Bette, whose children had grown, and they traveled extensively, ultimately settling in Moab in the 1980s, where Dot's brother Nate lived. She died at 82 in Moab. Dude passed away at Valley Park Ranch in Colorado in 1997. He was 88.



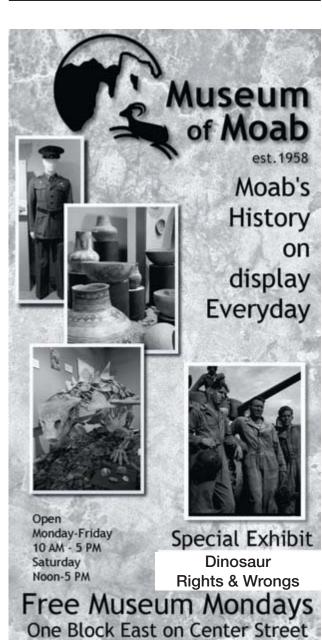
THE SCOUT

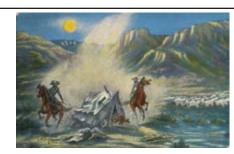
Of more than 90 paintings the "Cowboy Artist" and his wife Dot produced, some 75 were reproduced and sold as postcards up until the early 1950s. The duo had distinctive styles of painting, and although the first card published was painted by Dot Larsen, the back of the card states the image was "taken from an original oil painting by the noted cowboy artist and poet, L.H. "Dude" Larsen. Family suggests it may have been a printing error, as this was one of Dot's favorite artworks. It was used in a PBS documentary in 1998 on the early history of southeastern Utah.



THE SIGNAL

Dot Larsen imagined what an Indian war party would look like and in 1945 painted a scene depicting hostile Utes readying for an attack on white folks. Her daughter, Bette Stanton, remembers that Dot worried about the natives, especially during the Black Hawk War in Utah, when the Ute Tribe was ushered by U.S. military onto the Uintah-Ouray Reservation.





by Vicki Barker

RANGE FEUD

In 1940, painter L.H. "Dude" Larsen illustrated a classic prank pulled by cattle- and sheepherders butting heads over rangeland along the Colorado-Utah border in the late 1800s and early 1900s. His classic western painting depicts two cowboys with 12-15 feet of rope tied to their saddlehorns and strung between them, which was then used to fell another herder's tent in the night. According to lore, one sheepman got wise and set up his tent over a cedar tree stump which caught the rope and when the horses lurched, the cowboys went flying. They were more cautious after that.

When cowboys move a sheep camp by night
They feel they are doing the thing that is right
Because the range is theirs they say
And it's come on, sheepherder get on your way.



ROUGH RANGE

Wranglers were wise to behaviors of agitated animals and worked fast and efficiently when rounding up cattle for branding. Unfortunately, after cowboy Tom Larsen roped and tied this steer to his saddlehorn, the rope snapped, the steer snorted, and Tom had a pair of long horns bearing down on him. He managed to scamper up the only tree within short range just in time to avoid being impaled. His son, cowboy artist Dude Larsen, memorialized the moment in a painting and poem in 1939.

Where the range is rough and the cattle wild A cowboy's life is never mild For many a critter just like this steer



TRAPPING WILD CATTLE

L.H. "Dude" Larsen sketched a scene of "a true life experience from 1884" onto butcher paper, based on an incident where a wild cow charged at his Uncle Amasa Larsen at Big Flats, a mesa overlooking the Green and Grand (now Colorado) rivers. Using artist's license, Dude depicted a steer chasing his father, Tom, who was helping Amasa round up wild cattle into a 3-sided corral where the canyon rim served as an invisible fence for the fourth side. Tom related that he fired above the animal to try to stop it, but precariously near the rim, he finally had to kill the crazed cow. The episode inspired a painting and one of Dude's humorous poems.

The canyon is deep.
The rim is high;
The end is near
For you or I.
I've one shell left,
Now will it be
Death, for you
Or for us three.
For if perchance
This shot should fail
We'll all go over the rim to ---Well. We'd never get back to tell the tale.

www.moabhappenings.com Moab Happenings • August 2011 • 19A

MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using

Canyon Rims Capitol different routes. Albuquerque, New Mexico 353 487 249 396 444 Arches National Park 356 Blanding, Utah 26 279 113 58 111 446 130 56 242 196 130 Bluff, Utah Bryce Canyon National Park 310 347 353 100 361 418 553 Canyonlands National Park 113 139 310 109 86 Canyonlands N.P. Needles 70 | 230 | 106 | 107 | 434 Canyon Rims Rec. Area 236 112 84 411 353 86 Capitol Reef National Park 158 180 100 275 230 236 244 273 422 289 209 202 239 199 Cortez, Colorado 361 151 106 112 244 119 83 82 149 421 45 139 405 324 204 158 172 566 128 105 159 129 Dead Horse Point 418 2 107 84 273 149 375 Denver, Colorado 553 377 434 411 422 421 Durango, Colorado 130 152 406 196 151 157 289 45 30 331 169 114 130 209 139 167 462 322 296 219 435 380 396 319 405 433 750 450 266 Grand Canyon North Rim 499 214 505 404 509 270 396 361 Grand Canyon South Rim 325 242 220 159 359 314 320 259 324 367 681 169 287 337 417 372 Grand Junction, Colorado | 430 | 110 | 196 | 222 | 308 | 142 | 188 | 165 | 177 | 204 | 127 | 246 505 170 241 286 247 115 170 248 243 168 395 Green River, Utah 415 49 130 152 221 80 126 103 75 158 78 346 271 186 404 175 220 217 398 664 197 108 203 177 106 329 291 116 45 35 320 158 113 119 199 47 156 468 127 | 124 | 491 | 763 76 Lake Powell Halls Crossing | 419 | 171 | 90 | 110 | 282 | 203 | 148 | 164 | 161 | 172 | 201 | 536 Lake Powell Hite Marina 416 168 87 107 192 200 145 161 71 169 198 533 198 Las Vegas, Nevada 587 447 358 332 205 478 524 501 595 Los Angeles, California 805 722 630 604 477 750 796 773 608 838 664 1031 847 711 704 717 579 797 784 Mesa Verde N.P, Colorado 278 149 99 125 390 180 135 141 273 29 178 550 54 168 434 357 233 197 76 201 198 163 144 89 188 158 115 314 165 120 126 202 128 163 490 Mexican Hat, Utah 26 323 143 270 194 247 184 134 131 432 704 163 129 74 25 91 Moab, Utah 239 115 34 103 73 50 164 144 151 120 356 36 361 160 101 396 320 115 717 Monticello, Utah 48 301 91 46 184 60 105 78 344 89 99 Monument Valley 51 277 190 145 151 168 125 126 Natural Bridges Natl Monument 232 150 115 129 148 493 174 92 118 120 Newspaper Rock 74 327 89 20 414 130 188 168 106 784 115 125 440 199 173 151 316 271 294 158 151 289 378 506 451 467 509 475 504 826 Phoenix, Arizona 480 393 367 520 348 504 341 475 316 432 192 214 280 142 188 165 134 220 140 408 333 248 466 434 163 62 237 171 460 602 242 115 321 343 324 262 308 285 257 359 260 512 404 377 413 583 285 182 366 411 408 419 691 388 373 235 299



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Call for Reservations: 435-259-7146

Choose from any of our great menu selections including Filet Mignon, New York Strip, Fresh Salmon, Linguini Olivia, Shrimp Scampi and much more!

Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.



ENTERTAINMENT NIGHT LIFE

Volume 23 Number 5 August 2011 Section B



2011 Composer-in-Residence David Amram

composed the scores to the first three films

Wednesday August 10

7:30 pm Star Hall

The Manchurian Candidate (1962)

John Frankenheimer, director;

Frank Sinatra, Lawrence Harvey, Janet Leigh, Angela Lansbury

Wednesday, August 17 7:30 pm Star Hall **Splendor in the Grass** (1961) Elia Kazan, director;

Warren Beatty, Natalie Wood

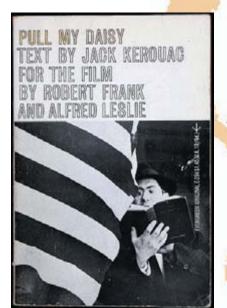
Wednesday, August 24 7:30 pm Star Hall

The Young Sa vages (1961) John Frankenheimer, director; Burt Lancaster, Shelley Winters



Moab Music Festival Film Series featuring David Amram





Wednesday, August 31 7:30 pm Star Hall

Pull My Daisy (1959) by Robert Frank & Alfred Leslie David. Amram's jazz composition opens this film, which is based on Jack Kerouac's adaptation of the third act of his play, Beat Generation. Kerouac narrates. Cast includes David Amram, Ralph Bellamy, Gregory Corso, Allen Ginsberg, Alice Neal & Larry Rivers.

David Amram: The First 80 Years (2011) by Lawrence Kraman. Western US premiere of a documentary about David Amram's life and career.

Meet the Artist: David Amram

Michael Barrett interviews David Amram, & documentary filmmaker Lawrence Kraman to contextualize the screening of these two films.

ALL SCREENINGS FREE

Donations benefit Festival Community & Education Programs

Co-presented with The Moab Times-Independent, Canyonlands Advertising, KZMU, MARC, Moab Film Commission, Canyonlands Film Society, Salt Lake Film Center

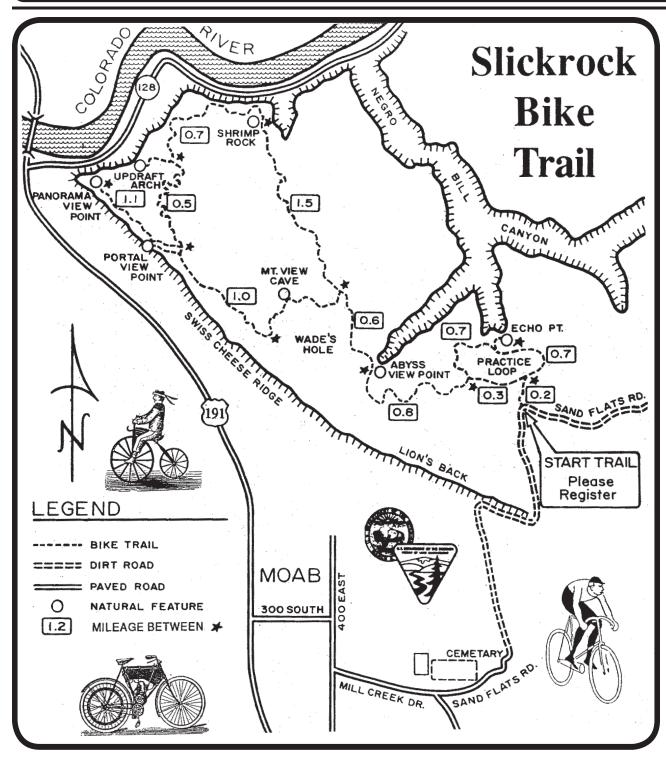
Questions: call 435.259.7003

2011 Moab Music Festival David Amram Performances: September 3 at Red Cliffs Lodge and September 5 at Old City Park



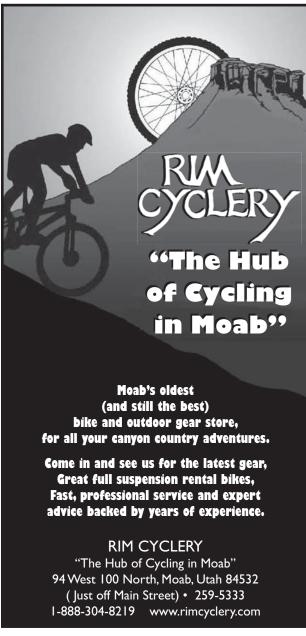
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MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.





Mountain Biking Mecca

• MOAB CENTURY TOUR September 16-18, 2011

This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www. skinnytireevents.com or 435.259.2698.

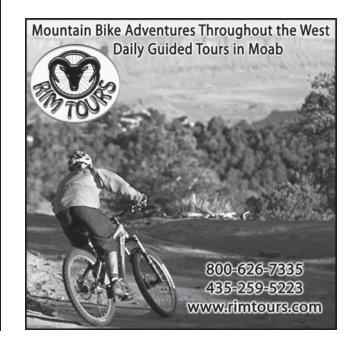
- OUTERBIKE October 5-9, 2011 Outerbike Demo Days: October 7-9 For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, and a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunch, shuttled rides, prizes, movies, parties, and beer! Outerbike Guided Rides and Clinics: October 5-6 Show up before the Demo Days and join us for guided rides and clinics that will range from the Whole Enchilada---an all day epic, to the new Intrepid Trails that even your kids would love. Sign up for these rides when you register for Outerbike Demo Days. Outerbike proceeds go to IMBA and the Moab Trails Alliance.
- 24 HOURS OF MOAB October, 2011 An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!
- MOAB HO-DOWN Mountain Bike Festival October 27, 28, 29, 30, 2011 Presented by Chile Pepper Bike Shop this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.

• SKINNY TIRE FESTIVAL March, 2012

Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• 3RD ANNUAL GRAN FONDO MOAB May, 2012

The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.



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TRAIL HAPPENINGS

Trail of the Month: The Whole Enchilada

 $by\ Tom\ Dillon$

This is a group of classic, technical trails connected together for more than 26 miles dropping 7,000' feet from the La Sal Mountains to the Colorado River at Highway 128 (with plenty of climbs inbetween totaling 2,000'). All in all, The Whole Enchilada is a delicious, spicy blend of varied ingredients that make up a wildly tasty ride.

Burro Pass is "The Jalapeno" of this ride. It'll burn



your lungs on the 700 foot, 20% grade climb from the trailhead to the pass, then burn coming out as you descend 1400 feet through loose rocks and roots with steep, tight switchbacks, e v e n t u a 1 l y cooling off to sweet riding

through tall fir, up through aspens, then alongside Mill Creek (with 5 crossings) to Warner Lake.

Hazard County is "The Green Sauce". It's spread

over the top and spicy enough to make you scream "Yee-Haw!" out After a short climb, the trail opens up to a fast threemile run with a number of optional opportunities for getting some air, down betwixt the cows and oaks where the trail becomes tighter and twistier as it



carries you in and out of aspen groves. This section is a favorite that leaves a good taste in your mouth and 1000 feet lower.

Upper Porcupine Singletrack (UPS) (via a short connecting stretch of the Kokopelli jeep road through burnt trees) is "The Smooth Creamy Cheese Sauce" consisting of a melt-in-your-saddle blend of winding singletrack with rolling slickrock among the pinions. There are, of course, a number of tech sections to remind you that this meal ain't for the kiddies.

Lower Porcupine Singletrack (LPS) makes up "The Beans" of the meal. It causes fits of pressure and



puckering as you make your way though the sometimes

sandy, foliage-lined canals which can suddenly open up and put you on the edge of a cliff or the opening of The Notch. There are numerous places to test your skills, courage, sanity and helmet.

Porcupine Rim is most certainly "The Meat" of this more-than-filling

ride at about 11 miles and 3000 feet descent to the river. You have a nice selection

of meats. Beef: Advanced riders with a side of downhill bikes wrapped in armor with a large dose of chile to boot. Pork: Those of us running our cross country gear hoping that we end the ride with some, but not too much, hot sauce dripping from our knees and elbows. Chicken: Intermediate riders who are smart enough to get off their bikes on the truly scary parts even though they feel like a chicken. And Vegetarian: Beginners talked into riding a trail and finding the experience, other than the views, largely

indigestible. The trail is peppered with loose rocks atop

slickrock on the jeep road, with mouthwatering drops, short hot, steppy climbs and places to drop off a cliff (on our last ride we saw someone fall off their bike and tumble within about six feet of the edge of a sheer cliff). Something for anyone to sink their teeth into.

Additional "Must" Ingredients:

The Trail Mix staff and volunteers are "The Chef" who cut, blend and cook the ingredients into a delicious ride.

Shuttle Operators (check with local bike shops) are "The Servers" who keep you from having to do all the work of shuttling yourself. If you shuttle yourself, add a couple of hours to get back to the trailhead to pick up your car and get back.

Tour Operators are "The Tortilla" which wraps all the yummy ingredients together to make "The Whole Enchilada" a much more satisfying meal, by making sure parts of your enchilada don't fall out into your lap.

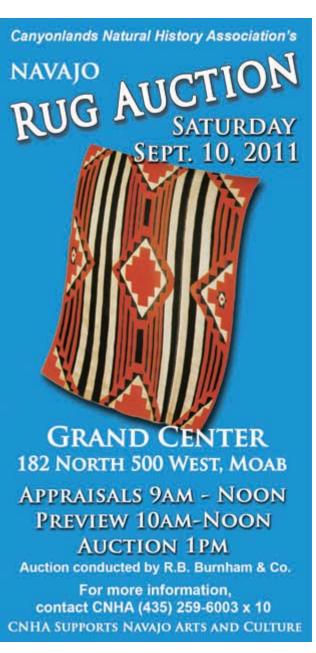
So, savor the flavor--you've just eaten The Whole Enchilada! Or maybe just some of it, saving the rest for later, because sometimes you just can't do it all at once.

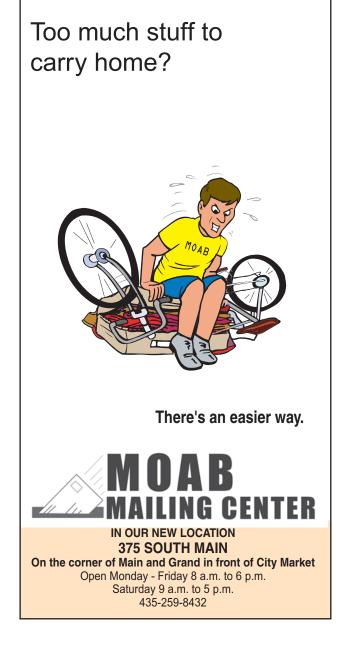
For bail-out (spur trail) options along The Whole Enchilada, visit UtahMountainBiking.com.



Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at wwwgrandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.









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SUSTAINABLE HAPPENINGS

Preserving Summer's Bounty

Sustainable Moab means sustaining relationships. Talking to people about chickens in the backyard, line drying clothes, or preserving food, as I did this month, so often comes down to getting to know neighbors, recalling how grandma did it, or using recipes passed along by friends and family. Whether talking to Katherine F. Holyoak about canning and drying, or Sue deVall about



her outdoor canning kitchen and freezing of convenience foods, or Kalen Jones about his storage cellar, stories were as abundant as the techniques they shared.

On this late June afternoon Katherine is drying

apricots in her electric dehydrator. I notice she has it outside so that it doesn't heat up the house. She also has cookie sheets lined with plastic wrap, then blended apricots spread thinly on them to dry in the sun. To keep out flies, she has a fine mesh cloth over the trays, and they are on five foot high racks to keep out larger pests (grand children?). When we go back inside, she gives me a jar of apricot jam which she has just put up. She uses her blender to puree the apricots, saying that she doesn't like "glumpy" jam.

Besides drying and making jams from her apricots, she puts them up fresh in a light syrup.

Katherine still has a few bottles of cucumber sauce from 2010. One of the advantages of canning (most people use bottles, but still call it canning) is that it doesn't require the electricity of freezing or refrigerating. A cool, dark storage place is ideal to maintain the fruit's color and texture. The other advantage is that canned fruits and

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vegetables can be stored for more than one year while most frozen goods really are best used within three months.

Using a chest freezer that doesn't self defrost will extend the life of frozen foods.

K atherine's cucumber sauce is a recipe from her mother-in-law, Ruth Holyoak, who called it chow chow. Another of her favorite recipes is for chili sauce from Liza Burr. Katherine recalls her fourteenth birthday party in Salina Canyon when a friend indignantly



demanded, "What's this watermelon seed doing in my chili?" Katherine explained that during the Second World War sugar was so tightly rationed that her grandmother used watermelon juice to sweeten her chili sauce. Other products Katherine cans are raspberries, peaches, pears, tomatoes, pickled beets and cherries. To keep it simple, she only cans fruits and vegetables that do not require a

pressure cooker. Her motto is, "If it's not simple, I don't do it."

Simple and easy is also one of Sue deVall's criteria for canning. Hence, she does it outside on her deck in Castle Valley. "It is just too damn hot to do it inside, it's greener, and the cleanup is just a matter of turning on the hose." When they could glean tomatoes from the Day Star Academy's fields, Sue might have had three canners and four friends putting up whole tomatoes, juice, and

Bloody Mary mix. She also cans peaches, apricots, and apple sauce on the north side deck.

Sue takes advantage of her chest freezer to store "convenience" foods. For example, when she can get the Saratoga, Utah onions in the fall she caramelizes and freezes them in small portions in freezer bags, ready to flavor anything from a roast to soup. She does the same with garlic from her garden. I have found that eggplant sliced, brushed with olive oil, and grilled keeps very well frozen and makes great moussaka or lasagna.

For the technical details of canning and freezing foods of all kinds, Utah State University Cooperative Extension



has a web page with a link to food preservation. From there you can get the overview of safe food handling and specifics such as "Getting Crisp Home Pickled Vegetables". Utah fruits are listed. Under apples, for example, you can learn how to can, freeze, pickle, make jelly and chutney, dry, and cellar them. My favorite print source is a book called Putting Food By by three Vermonters--Greene, Hertzberg,

Article and Photos by Joan Gough

and Vaughan. An expert at your elbow is important for safety and good quality products. After spending the time to raise, harvest, prepare, and preserve your produce, the last thing you want is mushy broccoli because you didn't blanch it long enough to stop the enzyme action.

Getting back to easy, the easiest way of storing some produce is in the root cellar or just in the ground. Kalen Jones stores cabbage, potatoes, apples, onions, garlic, shallots, and beets in his root cellar. The cellar itself is a five-foot long piece of culvert five feet in diameter. Before burying it in the north facing slope, he had a metal plate

welded on one end and a door on the other. On the exposed end with the door, there are two screened vents, one low and one high to encourage circulation. He has shelves built in, and the food is stored in crates or cardboard boxes. Some vegetables do well stored in sand to preserve moisture and others such as apples do well wrapped in paper to slow their own ripening their natural

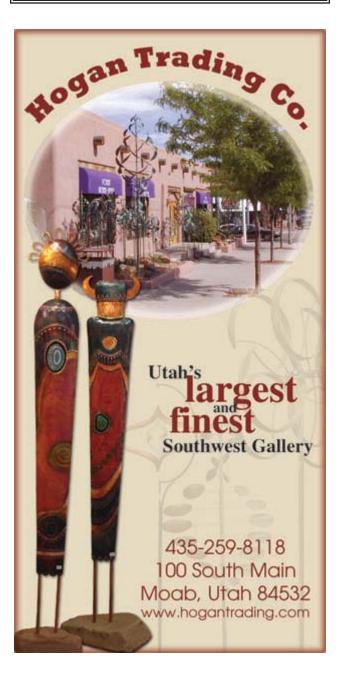


exhausting of ethylene which encourages other things to ripen. In Kalen's words, "The cellar is an important part of providing our own food throughout the year."

The easiest way of preserving root vegetables is just to leave them in the ground. Carrots, parsnips, and beets can be left in the ground and dug as needed all winter when mulched well with leaves or straw. A trick from Kalen is to put the mulch inside of a large plastic yard bag and place the bag over the row. Then you lift the whole thing off to dig the roots with little mess.

Simple is relative, of course, and so is cost. A can of heavily subsidized corn is cheap on the super market shelf, but comes in a poor second on taste and nutrition scales compared to corn you took from garden to freezer in an hour. When you add in satisfaction, the work balance swings into the "It's Worth It" part of the scale.

Correction for the June article on bees implied that drones, like workers and queens, grow from fertilized eggs. They are the product of unfertilized eggs.



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MOAB STUDIO TOUR HAPPENINGS

Moab Artists' Studio Tour, September 3rd and 4th (Labor Day Weekend)

Now in its eighth year, the 2011 Moab Artists Studio Tour will take place on Saturday and Sunday, September 3rd and 4th (Labor Day Weekend) from 10 to 4. A preview of the artists' work will be presented before the Friday, September 2nd performance at Star Hall.

The Studio Tour has always been a well attended, lively event and this year, it will be even more exciting as 16 artists working in a variety of media will open their work spaces to welcome visitors and give them an even broader view of the creativity and versatility of the artists who call Moab home. Through conversation and demonstration, visitors can gain understanding of style, process, inspiration and how Moab's unique environment so powerfully affects each artist's work.

The Artists:

Bruce Hucko is a well known Moab fine arts photographer, author and educator. Visitors to his studio are always rewarded by his enthusiasm and willingness to answer questions and demonstrate some of his techniques and expertise.



Needles District landscape by photographer Bruce

kind sculptures which blend the graceful forms of nature with the beauty of wood or stone. His work has led to numerous awards from competitions and juried shows in the west.

Nick Eason creates one-of-a-

North Frank loves to create paintings about life on earth. She works both in a studio setting and plein air and her media includes acrylics, watercolor and water soluble oils on canvas and paper.

wood sculptor Nick Eason



Jonathan Frank is a full-time Moab artist and his work has appeared in many juried state, national, and international exhibitions. He has received numerous awards, and has been recognized in a variety of print media for his achievements.

Jacci Weller's acrylic paintings are energetic, realismbased interpretations of desert landscape and flora. Her canvases are colorful, thoughtfully painted and generally

well received.



been painting outside and in her studio for 15 years. Trained in watercolor, acrylics and



oils, her favorite subjects are from nature and her palette is alive with color!

Phil Wagner is a poet, painter and says he is currently out on parole. Visit him at Robin's studio for details.

Scott and Katy Anderson will be showing their beautiful wood and stone creations, from utensils to sculptures, all made of local materials. They are moving

closer to town and will welcome visitors to a work Bob Ridges Gourd place that may still be a work in progress. Check

J.C. Borders is an accomplished pastel painter and instructor and this year he will be hosting fellow artists and students at his own studio for the Moab Studio Tour.



A group showing is always fun so be sure to join them. The following artists will be there:

T.J. (Tim) Morse has been a working watercolorist and oil painter for more than 20 years, working in the studio and in plein air. He's been part of the Moab arts community since 1991 and founded The Overlook Gallery in 1996.

Victoria Fugit has always loved the natural world and hopes to convey the beauty, joy and connection to Spirit she feels while observing and painting the amazing world we live in.

Helen Becker states that before moving to Moab her pastel paintings had never met such beautiful and timeless scenery. "Some kind of inner energy drives me to paint, and paint, en plein air and inside the studio."

Peggy Harty has worked with a variety of media most of her life and 3 years ago, began working with pastels, leading to winning awards each year in the Palisade Art Lovers show for her landscape and floral paintings.

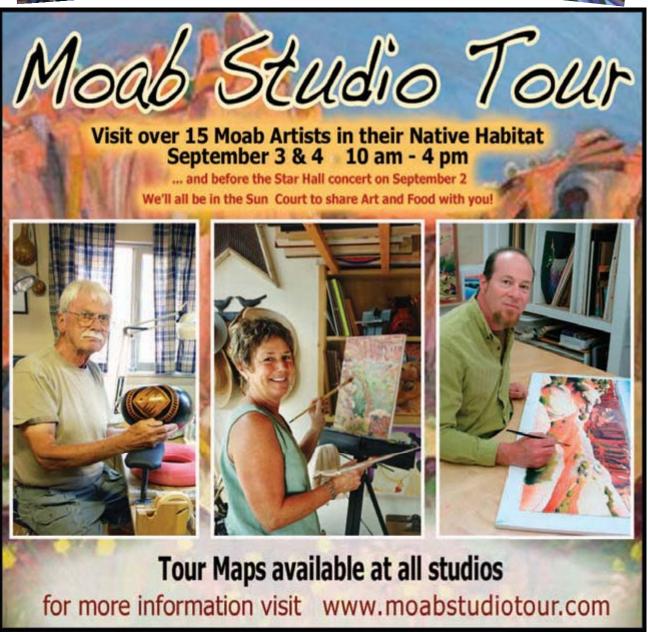
Sarah Hamingson is inspired by the land around us and her travels, near and far. She paints in pastel in the studio and outdoors and loves pastels for their

> immediacy, rich color and direct application to paper.

All of the Moab Studio Tour artists welcome you and thank you for participating!

Tour maps will be available at each studio and WWW. moabstudiotour.com





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SKY HAPPENINGS

N

Camelopardalis

The Sky for August 2011

By Faylene Roth

SUNRISE AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

SUNRISE DATE **SUNSET** 6:20am 8:29pm 2 6:21am 8:28pm 3 6:22am 8:27pm 4 6:22am 8:26pm 5 6:23am 8:25pm 6 6:24am 8:23pm 7 6:25am 8:22pm 8 6:26am 8:21pm 9 6:27am 8:20pm 10 6:28am 8:19pm 11 6:29am 8:18pm 12 6:30am 8:16pm 13 6:30am 8:15pm 14 6:31am 8:14pm 15 6:32am 8:13pm 16 6:33am 8:11pm 17 6:34am 8:10pm 18 6:35am 8:09pm 19 6:36am 8:07pm 20 6:37am 8:06pm 21 6:38am 8:04pm 22 6:38am 8:03pm 23 6:39am 8:02pm 6:40am 24 8:00pm 25 6:41am 7:59pm 26 6:42am 7:57pm 27 6:43am 7:56pm 28 6:44am 7:54pm 29 6:45pm 7:53pm 30 6:46pm 7:52pm 31 6:46am 7:50pm

Follow the Milky Way from Cassiopeia in the northern sky through Cygnus and the Summer Triangle and on to Sagittarius in the southern sky. Gaze through the stars at the western edge of Sagittarius and into the center of our galaxy —over 26,000 light years away. **MAJOR CONSTELLATIONS OF AUGUST** Overhead Aquila Cygnus Hercules Lyra Cassiopeia Cepheus

Northward Draco

Ursa Major Ursa Minor **Eastward**

E

Andromeda Aquarius

Pegasus Perseus

Southward Capricornus

Ophiucus Sagittarius Scorpius

Westward **Bootes**

Corona Borealis Libra Virgo



DAYLENGTH

Daylength shortens by one hour five minutes this month. Sunrise occurs 26 minutes later by the end of the month and sunset arrives 39 minutes earlier. The times for sunrise and sunset are calculated for a flat horizon, so actual times may vary depending upon the surrounding landscape. Twilight extends the period of usable light about 45 minutes on each end of the day. Civil twilight provides adequate light for most activities for one-half hour before sunrise and after sunset. Nautical twilight covers the 30-minute period before civil twilight in the morning and after civil twilight in the evening. In the morning sky light spreads from the

Australi eastern horizon across the sky slowly revealing the vivid colors of the local landscape. During evening twilight color and details of the landscape fade from view. In the final phase of twilight—astronomical twilight—the skies are dark overhead but light lies along the horizon for another half hour.

Microscopium

MOON HAPPENINGS

August 6 – First Quarter Moon sets soon after midnight.

August 13 – A slightly waning Full Moon rises at 8:00pm.

August 21 – Last Quarter Moon rises shortly before midnight.

August 28 – New Moon occurs at 9:04pm.

(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

METEOR EVENTS

Take advantage of the moonless night of August 1 to view the Capricornid Meteor Shower. Its radiant, Capricornus, can be found along the band of the zodiac. Look for

> Scorpius, the scorpion, low in the eastern sky. Sagittarius (posing as a teapot) follows to the left with the Milky Way swirling down between the two constellations. Capricorn (shaped somewhat like a boomerang) rises to the left of Sagittarius, followed soon by Aquarius. The Capricornids are not the most prolific meteor shower but they produce some of the brightest meteors of the major meteor showers. Viewing can begin at the end of astronomical twilight, but the best time is still after midnight. By then, some of the leftovers from the Delta Aquarid Meteor Showers (radiant Aquarius) may also be visible.

> A full moon washes out one of the best meteor showers of the year—the Perseids. They peak on the night of August 12/13, which is the night before this month's full moon. However, with up to 60 meteors per hour at its peak, the best and brightest will still be visible. Viewing will be good from August 9 - September 20. The very best opportunity may be in the early morning hours before astronomical twilight. Perseus (radiant for this shower) follows Cassiopeia across the northern sky.

DARK SKY GAUGE

The four stars of the Little Dipper's basket

Moab UT (at City Hall) 38°34' N Latitude - 109°33' W Longitude 4048 ft - 1234 m Elevation

Coma Berenices

Hold the star chart high above your

head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

W The star chart approximates the sky from astronomical twilight midnight. As the night and month progresses, constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in

degrees. provide a gauge for measuring the darkness of the night sky. The Little Dipper is much fainter than

of magnitude +2 stars. The basket of the Little Dipper has one magnitude +2 star and one +3 star. They form the outer edge of the basket. The two inner stars of the basket are magnitude +4 and +5. If all four stars are visible, then the quality of the night sky is good and faint +5 and +6 stars are visible below the North Star (Polaris) which is a +2 magnitude star. A +6 magnitude marks the limit of visibility for naked-eye stargazing.

its companion, the Big Dipper, which is comprised mostly

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 ma gnitude is 2.5 times brighter.

Primary Sources:

USGS; U.S. Naval Observatory; Your Sky at http://www. fourmilab.ch/yoursky/

To find out when the space shuttle and International Space Station are visible from your location, go to: http://spaceflight.nasa.gov/realdata/sightings/index.html

VISIBLE PLANETS

Jupiter - Look for Jupiter in the eastern sky around midnight in Aquarius. It rises an hour or two after Saturn sets, depending upon the surrounding landscape Find it high overhead in morning twilight. (Magnitude

Mars - Early morning twilight offers the best chance to see Mars. Look for a red, albeit faint, disk about 40 to 60 degrees below Jupiter (see Note below regarding apparent distances in the sky). On the morning of August 25, find Mars to the right of the twin stars of Gemini, with a thin crescent moon to its right. (Magnitude +1.4)

Saturn - The golden planet moves this month to a position low on our western horizon and sets before midnight. It remains paired with the star Porrima, both to the right of the bright blue star Spica (all in Virgo). Be sure to enjoy its presence now because it disappears from view at month's end. (Magnitude +0.9)

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 de grees. Middle, ring, and little finger touching represent about 5 degrees. The width of a f ist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of vour hand.



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HEALTHY HAPPENINGS

QUALITY OF LIFE WHEN APPROACHING END OF LIFE HOSPICE CARE

Quality of life is something WE ALL WANT. Quality of life brings about a sense of well being and gives us peace, comfort and dignity. We strive for quality throughout life. When facing a life limiting condition such as a terminal disease or advanced aging, hospice care helps people maintain their dignity, promotes comfort and peace of mind.

When a person is faced with a serious illness or a life limiting disease or condition, quality of life is often compromised. Hospice provides special care and services to improve the quality of life for both the patient and family. Seeking hospice isn't about "giving up hope" or "hastening death", but rather a way to get the most appropriate care in the last phase of life. Some patients benefit so much from the added care, they are able to extend their lives and in some cases, even leave the hospice program.

Although death is a natural part of life, the thought of dying understandably still frightens many people, and is sometimes even a taboo subject. Consequently, medical doctor, registered nurses, certified nurse aides, pharmacists, social workers, clergy, a physical therapist, and trained volunteers. There is no age restriction; anyone in the late stages of life is eligible for hospice services. The Hospice Team works together to provide support according to the needs, wishes and beliefs of the patient and family. The goal is to provide the highest level of care necessary to achieve optimal well-being.

Hospice providers offer specialized knowledge and support at the end of life just as obstetricians lend support expertise at the start of life. Hospice can reduce anxiety in both

the terminally ill patient and his or her family by helping them make the most of the time remaining. The support





Grand County Hospice

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.

We're here for you when you need us most.

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many patients and their families remain reluctant to even discuss the possibility of hospice care. Even though most people would prefer to die in their own homes, being able to spend time with their loved ones, it is still more

the norm to have a terminally ill person hospitalized, receiving treatments that either create undesirable side effects or are ineffective. Often Hospice care is chosen so late in a person's terminal illness that all the benefits of achieving quality of life are not met. Hospice is traditionally an option for people whose life expectancy is six months or less, and for people choosing palliative care (pain & symptom management) rather than ongoing curative measures. By doing so, earlier in the course of the life limiting condition enables a patient to live life to the fullest, with purpose, dignity and support.

Hospice care focuses on all aspects of a person's well-being: physical, social, emotional, and spiritual. This is accomplished through an interdisciplinary team that includes the patient's physician, a hospice given to patients and families, in their time of need, helps many patients feel less of a burden to their loved ones.

Grand County Hospice is locally owned and is here to serve the community of Moab and all of Grand County. Hospice is a service available to people of any age, facing a life limiting condition. Hospice is covered by Medicare/Medicaid and private insurance. Hospice can help people who have a terminal disease, or chronic condition which is no longer responding to curative treatment and is taking a toll on quality of life.



Lisa Albert, LMT, NCTMB 260-9506 260-1122 Ambrosia Brown, LMT, NCTMB Sarah Ball, LMT, NCTMB 260-2238 Ata Calfee, LMT, FSMTB 260-2874

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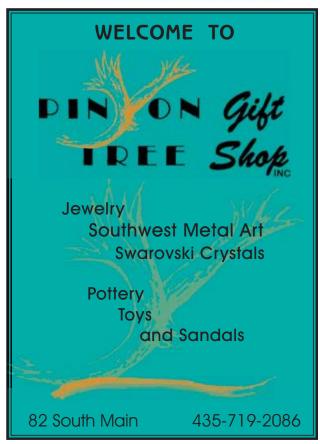
Are you a practitioner of the healing arts? Place your ad in Moab Happenings and reach thousands of readers each month. Your ad also includes a presence on our great website and a link to yours!

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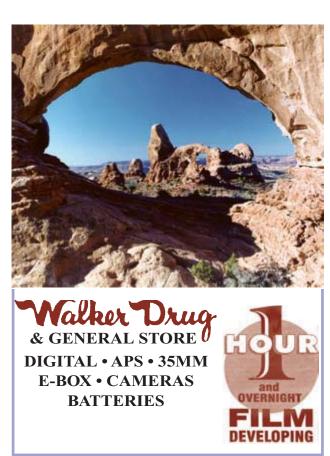


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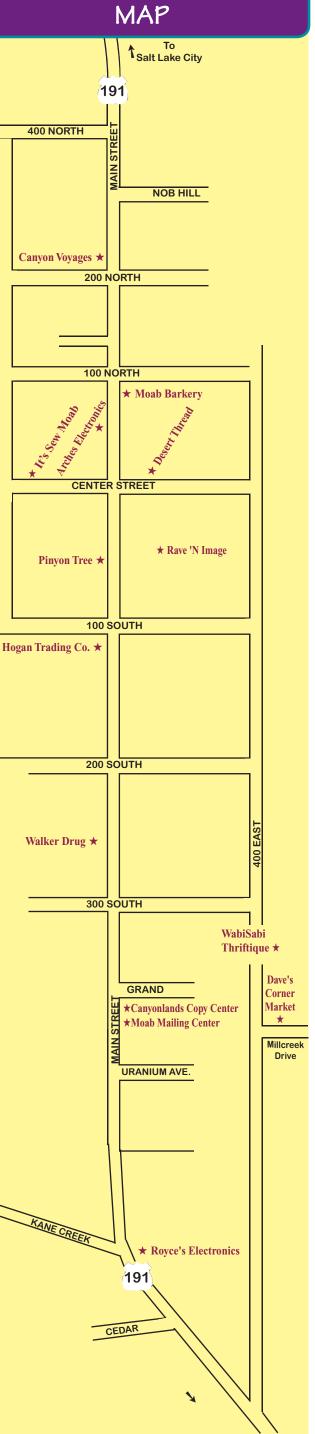
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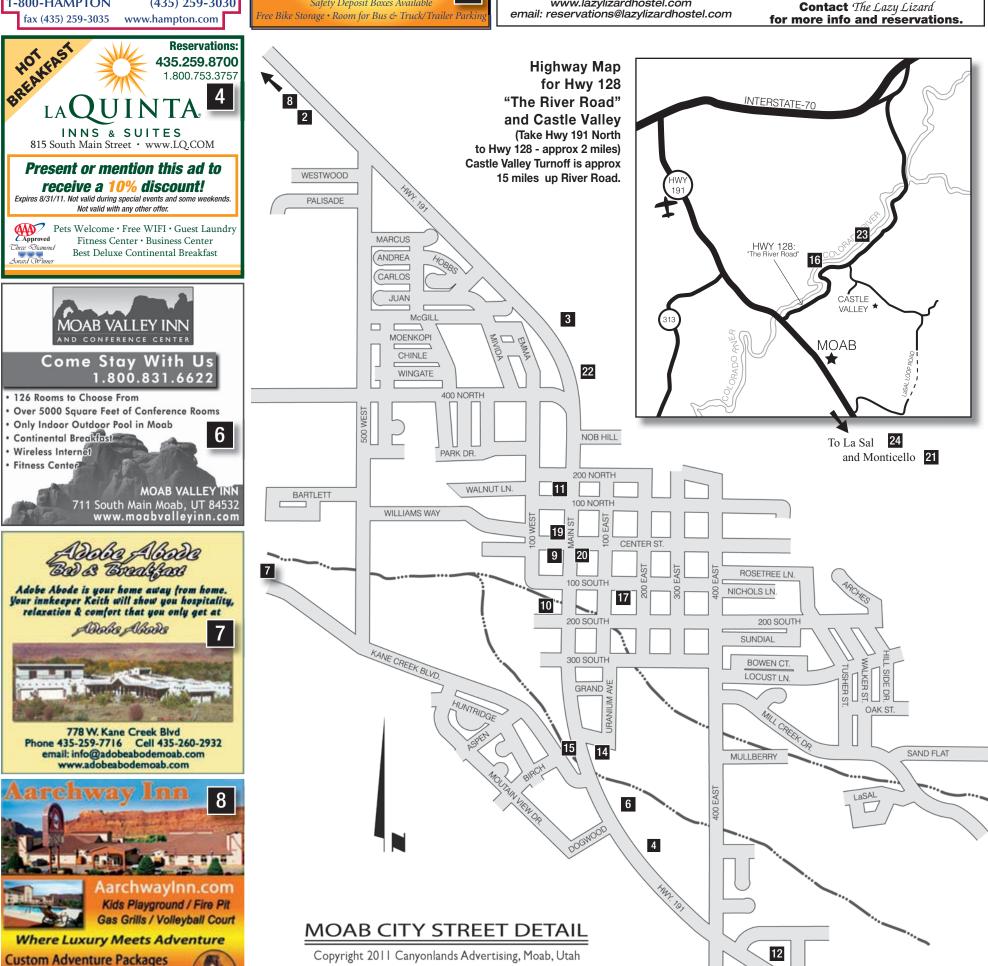
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MOAB AREA LODGING GUIDE













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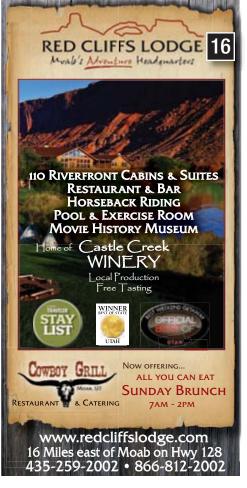
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MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, **PLEASE CALL THEM.** Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	•	Moab Duplicate Bridge Club (Gail Darcey)	250 1733
Alcoholics Anonymous/Alanon		Moab Friends For Wheelin' (Jeff Stevens)	
Alpha Rho Sorority (Bobbie Long)		Moab Garden Club (Tricia Scott)	
American Legion Post (Bill Smith)		Moab Half Marathon (Ranna Bieschke)	259-4525
Arches Adult Education (Trish Hedin)		Moab Horse Racing Association (Chuck Henderson)	
Arches New Hope Pregnancy Center (Debbie Nelson)	259-LIFF (5433)	Moab Horse Show Association (Tosha Audenried)	
BEACON (Stephanie Dahlstrom)		Moab Lodging Association (Britnie Ellis)	
Boy Scouts of America (Kent Dalton)	259-6521	Moab Masonic Lodge #30www.moabma	asons org 260-9169
Canyonlands Field Institute (Karla Vander Zanden)		Moab Music Festival (Andrew Yarosh)	259-7003
Canyonlands Film Society (Becky Thomas)		Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Rodeo Club (Kirk Pearson)		Moab Points & Pebbles Club (Jerry Hansen)	
Canyonlands Wildlife Federation (Dave Bierschied)		Moab Quarter Horse Assoc. (Kathy Wilson)	
Center for Water Advocacy (Harold Shepherd)		Moab Rod Benders (Jim Mattingly)	
Daughters of Utah Pioneers (Hallie Tibbetts)		Moab Ropers Club (Terry Lance)	
Deadhorse Motorcycle Club (Terry Flynn)	259-3878	Moab Sportsmen's Club (Frank Darcey)	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson)		Moab Taiko (Stephanie Dahlstrom)	
Elks Lodge #2021 (Dan Stott)		Moab Teen Center-Club Red	
Fallen Arches Square Dancers (Bob & Flora Erickson)		Moab Trails Alliance (Kimberly Schappert)	260-8197
Friends of Indian Creek (Emma Medara)		Moab Valley Multicultural Center (Kandee DeGraw or Leticia Bentley)	
Friends Of the Grand County Library (Adrea Lund)	259-1111	Mutual UFO Network (Elaine Douglass)	259-5967
Grand County Public Library		Order of the Eastern Star (Fran Townsend)	259-6469
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Parent Teacher Association (Tiffany Saunders)	
Grand Area Mentoring (Dan McNeil)		Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock Astronomers	
Grand County 4-H (Marion Holyoak)		Red Rock Forests	
Grand County Extension (Michael Johnson)		Red Rock 4-Wheelers (Ber Knight)	
Grand County Food Bank		Retired Senior Volunteer Program RSVP (Jody Ellis)	
Grand County Hospice (Tracey Harris)		Rotary Club (Kyle Bailey)	
Grand County Prevent Child Abuse		Seekhaven Crisis Center (Jaylyn Hawks)	
Humane Society of Moab Valley		Senior Center (Verleen Striblen)	
Ladies Golf Club (Chris Corwin)		Sierra Club (Mike Stringham)	
League of Women Voters (Cynthia Smith)		Solutions (Sara Melnicoff)www.moab-solu	
Lion's Club (Tom Warren)		Society for Creative Anachronisms - (Travis Schenck)	
Moab Aglow Lighthouse Fellowship (Murine Gray)		Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	
Moab Arts Council (Bruce Hucko)		Southern Utah Wilderness Alliance (Liz Thomas)	
Moab Arts Festival (Theresa King)		Toastmasters International	
Moab Arts & Recreation Center		Trail Mix Committee (Sandy Freethey)	
Moab Bird Club (Nick Eason)		Valley Voices (Marian Eason)	259-6447
Moab Chamber of Commerce (Kammy Wells)		Veterans of Foreign Wars (Matt Keogh)	260-9822
Moab City Recreation (John Geiger)		WabiSabi (Jeff Cohen)www.wabisabi	
Moab Community Theater (Kaki Hunter)		Word Watchers (Nancy Kurtz)	
Moab Country Club (Rob Jones)	259-6488	Youth Garden Project (Jen Sadoff)	239-BEAN (2326)

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

KZMU - Moab Community Radio 106.7 90.1 &

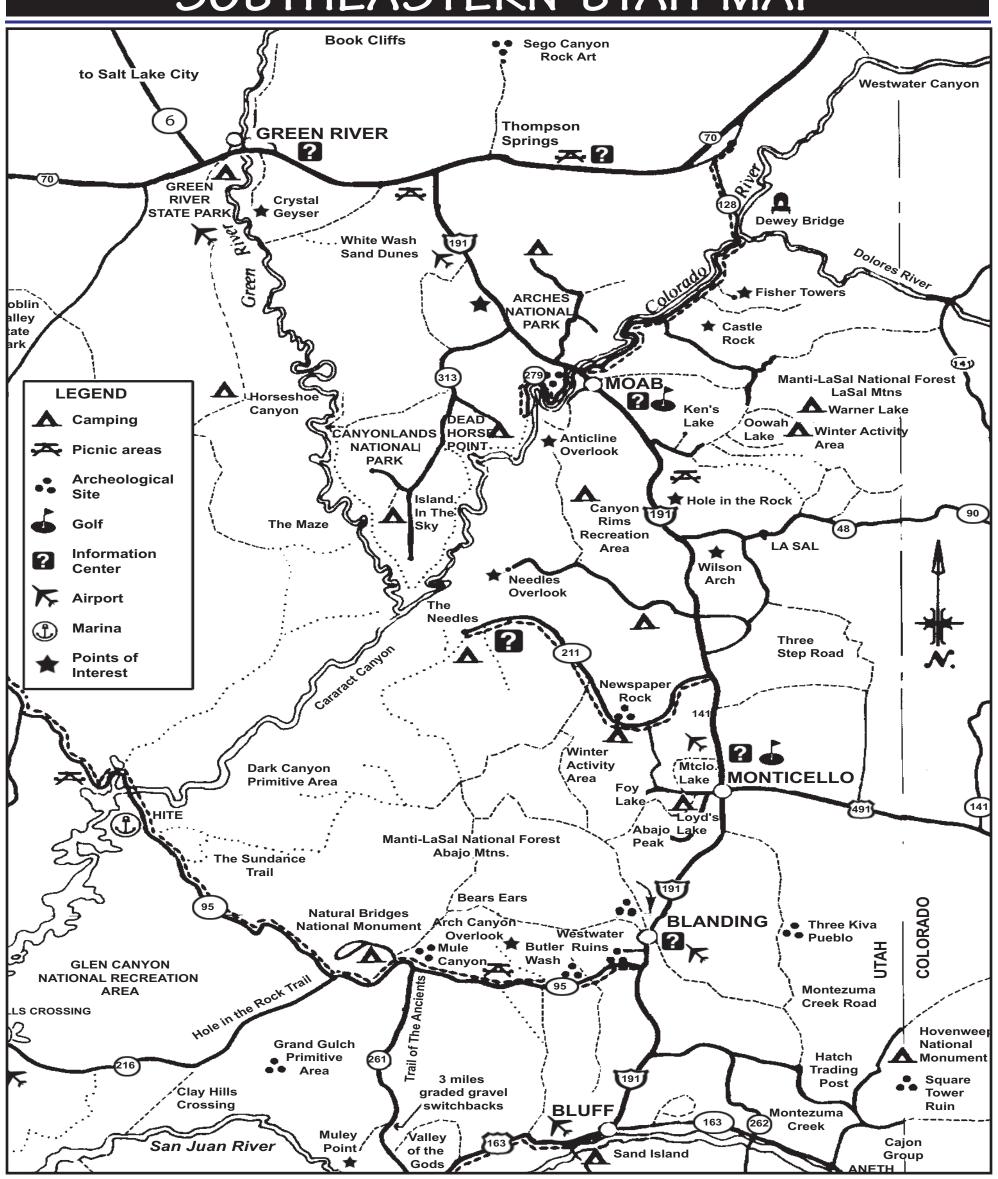
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7-00	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	7:00
7:00 8:00	Native Spirit	KZMU OVERNIGHT Art of the Song KZMU OVERNIGHT				Desert Diva	8:00	
9:00	·		DEMOCRACY NOW					9:00
10:00	Late Manustra	M	O A B M	orning	Blend	 Blue Plate	Shine Time (Children)	10:00
11:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock	OddBins)	Special	Trailer Park Companion/Running on Sandstone.	11:00
Noon		Itio Mr. Dowler				The Trading Post		Noon
1:00	Grass is Greener	It's My Party/ The Skye's the Limit (rock-blues-	radio mmm (Classic Indie)	Horizon Line	Random Toonage	(call-in Buy/Sell)	Ain't Live Grand?	1:00
2:00	(Bluegrass)	unreleased)	(concern many		Toonago	1-2-3	(live recordings)	2:00
3:00		Radio Mundial Radio MOONdial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues	(funky world soul)	Belagaana Review (fruit and nuts)	3:00
4:00	Red Rock	ridalo moortalar	-WORLD	MUSIC-		Fire on the	(mare and mato)	4:00
5:00	Potluck	Ritmo Latino	SoundThing/	Gaelic Circle/	MOAB Drive Time	Mountain	Tween Time (pre-teen fun)	5:00
6:00	West of Broadway/	This Week in Moab (Interviews / Calendar)	Uncle Meat's Mystery Show	Drive Time	MOAD DIVE TIME	Free Speech Friday Public Access	Big River / Ranch Exit	6:00
	Concert in the Park		(twang)					
7:00								7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	8:00
9:00			Atomic Lounge			1		9:00
10:00	KZMU	The Sound Lair (Experimental Dance)	M O Conscious Party	Suburban	ER HO Pandora's Box	URS Altered State	Radio Free Moab (rock 'n roll	10:00
11:00	Overnight	Danot,		Urge			& punk)	11:00
12:00	E2:00 KZMU OVERNIGHT the eleventh hour Seti TranceMissions					KZMU Overnight	12.00	

11:00	KZMU	(Experimental Dance)	Conscious Party	Suburban Urge	Pandora's Box	Altered State	(rock 'n roll & punk)	11:00
12:00	-	KZMU	KZMU OVERNIGHT		the eleventh hour	Seti TranceMissions	KZMU Overnight	12.00
KEY	Talk Shows	Easy Mix, J	lazz Blue	Grass, Country, Folk	Eclectic/World	d Rock, Bl	ues Heavy	y, Hard

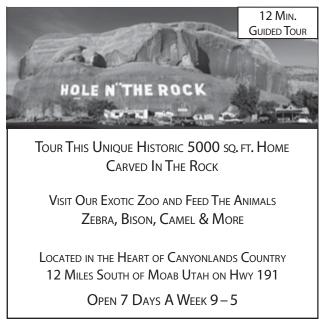
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SOUTHEASTERN UTAH MAP







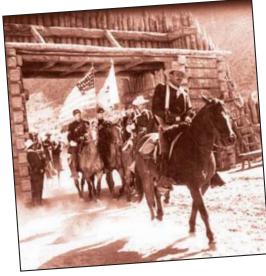


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MORE HAPPENINGS

Movie & Western Memorabilia Museum

at Red Cliffs Lodge



Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande, Cheyenne Autumn, Ten Who Dared, The Commancheros*, and *Rio Conchos*.

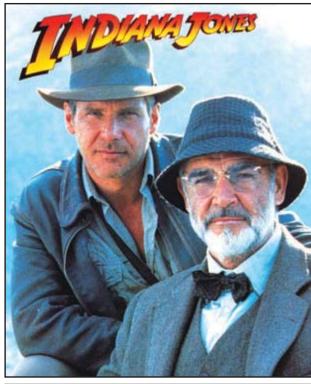
The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in



the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sa ge*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



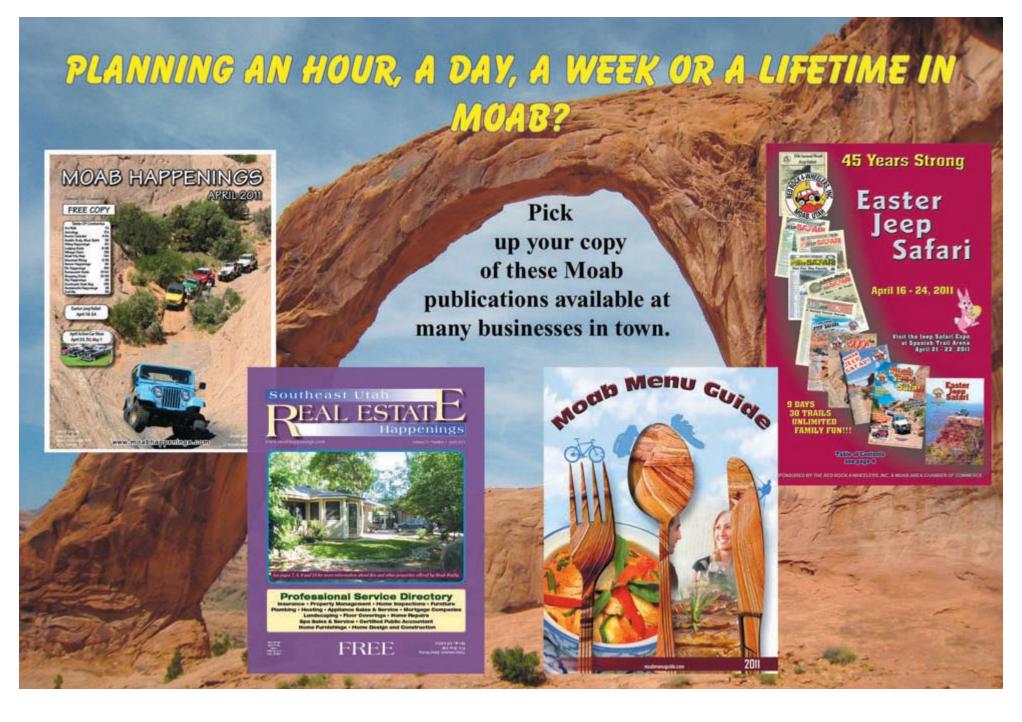
A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson,

Tom Cruise, and many more.







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MUSIC FESTIVAL HAPPENINGS

The American spirit echoes through the canyons of Moab during the 19th annual Moab Music Festival, September 1 - 12, 2011

The American spirit echoes through the canyons of Moab during the 19th annual Moab Music Festival, September 1 - 12, 2011. The red rock desert of southeast Utah comes alive with performances in spectacular outdoor and intimate indoor venues in the unique setting

of the Moab Music Festival: The music seems to emerge from the breathtaking landscape, surrounded by the sky, the red-rock desert, the Colorado River, and virtuoso performances.

"We think the season is ideal," said MMF Music Director Michael Barrett, "a wonderful balance of my favorite classical, Latin and new-grass musicians. We're excited to feature the Punch Brothers, the Latin All-Stars and

national treasure David Amram. It's gratifying to have this remarkable mixing of genres in a two-week period, a very rich and fulfilling musical experience."

David Amram, "Sunny Davie" to his friend Jack Kerouac and a Beat Generation trendsetter, moves in to town for "David Amram's America," when local audiences get to know the composer of 100 plus concert works, dozens of film and theatrical scores, and a pair of operas. Appointed by Leonard Bernstein as the first composer-in-residence with the New York Philharmonic, he is one of the Twenty Most Performed Composers of Concert Music in the US since 1974. Moabites learn about this memoirist and autobiographer on August 31st with a pre-screening of "David Amram, The First 80 Years," and the film about the Beats, "Pull My Daisy" (following screenings earlier in the month of the iconic films Amram scored, "Splendor in the Grass," "The Manchurian Candidate" and "The Young Savages."). On Saturday, September 3, audiences hear music of the man who has collaborated with such cultural giants as Dizzy Gillespie, Langston Hughes, Dustin Hoffman, Willie Nelson, Thelonious Monk, Odetta, Elia Kazan, Arthur Miller, Charles Mingus, Lionel Hampton, Johnny Depp and Tito Puente, exploring his contributions to American politics, poetry, indigenous people, and his unique comments on America. The program includes his "Negro Spirituals," "Honor Song for Sitting Bull," "Three Songs for America," settings of the words of Martin Luther King, J.F. Kennedy, and R.F. Kennedy, his evocative "Native American Portraits," and his "Red River Valley Variations." Works by his colleagues including Copland, former MMF composer-in-residence William Bolcom, and the Jack Kerouack/Amram "Pull My Daisy," performed by Amram himself are also on tap.

On the morning of Thursday, September 1, patrons see the spectacular red rock mesas in a jetboat ride down the Colorado for the coveted first Grotto Concert. Greeted in this acoustically perfect "concert hall" by the improbable sight of a grand piano in the wilderness sand, the audience settles in for a program including Bach, Mozart, Rachmaninoff's soulful "Vocalise" and Beethoven.

Friday, September 2 is the official opening night of the season at the charming Star Hall where the evening's

rich programming includes Dvorak, Brahms, and an opportunity to hear Stravinsky's rarely heard epic Rite of Spring for two pianos.

Agile music lovers can start Sunday, Setember 4 with the first of two Music Walks when patrons are shuttled

to a "secret location" where, after a short hike, arrive they in a beautiful spot suited to the intimacy of works for solo instruments. These popular walks are great fun for all who can amble a half-mile over the red rock for a morning of J.S. Bach.

Punch it up a notch

on Sunday evening at 6 back at Red Cliffs Adventure Lodge with the genre-bending bluegrass band The Punch Brothers, when the group, with its virtuoso mandolin player Chris Thile, gives audiences their irresistible inventive mash-up of bluegrass, rock, and classical that's been wowing audiences across the globe on their own and in collaboration with such luminaries as Steve Martin (yes, that one), T Bone Burnett and beyond.

Top off your long weekend with Festival favorites Paul Woodiel and Christopher Layer on Monday, September 5, at 2 pm with the annual Labor Day Rocky Mountain Power Family Picnic concert at Old City Park. Spread your blanket and take in the sounds of their traditional Celtic music, along with some surprises from David Amram and other Festival artists.



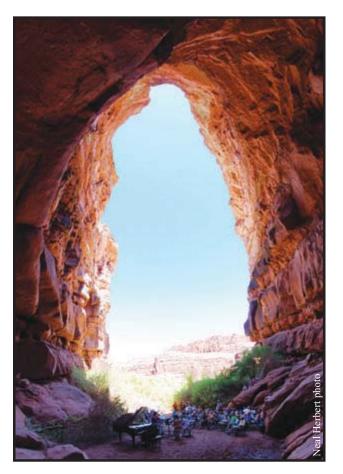
Far out on Byway 128 is the private Ranch at Cottonwood Bend, where, on Tuesday, September 6, at 6 pm, Festival regulars Woodiel and Layer present "Play With Your Food," one of their signature traditional performances. The intimate evening begins with heavenly hors d'oeuvres and delicious wine, and ends with fireworks and the chance to mingle with the artists and other concertgoers (limited seating).

Wednesday, September 7, 5 pm, offers the much-loved House Concert at one of Moab's gracious homes,

a benefit supporting the Festival's education and community outreach programs, with fine food, good wine and friendly company, accompanied by the Festival's world-class artists in Mozart and Mendelssohn.

The next eagerly-anticipated, and usually sold-out, Grotto Concert is on Thursday, September 8 when Festival Music Director and pianist Michael Barrett and Festival Artistic Director and violist Leslie Tomkins are joined by exceptional artists for works of Scarlatti interspersed seamlessly with short works of Feldman, Cowell, and Faure.

On Friday, September 9, 6 pm watch the sun set over the Colorado River landscape at the Sorrel River Ranch



for an evening of Dvorak, the rarely-played and virtuosic Bruch Octet for strings and more.

Another favorite, on Saturday morning, September 10, allows audiences to get a sneak peek at how the artists put things together before they step on stage. The open rehearsal at Star Hall prompts lively interactions between composers, performers and music lovers.

Former festival Artist-in-Residence and flutist extraordinaire Marco Granados, brings his Latin All-Stars to the Pavilion at Sorrel River Ranch on Saturday, September 10, 6pm. The Latin All-Stars includes

Columbian harp virtuoso Edmar Castaneda, Leo Granados, percussion, John Ellis, saxophone & bass clarinet, Adam Cruz, drums, Roberto Koch, bass, and Edward Simon, piano. Dancing optional of course!

For those who can't secure a ticket to the much-anticipated first Musical Walk, there's another chance and another "secret location" on Sunday, September 11. The shuttle departs at 9am. Paul Woodiel and Christopher Layer will be joined by other traditional musicians who are sure to add a spring to your step.

"The Moab Music Festival recognizes the 10th anniversary of 9/11," says Music Director Michael Barrett. "Shocked and dismayed ten years ago,

we considered cancelling the remainder of the Festival, but decided that we all needed music more than ever. on Sunday, September 11 at 7 pm at Star Hall we pay honor to the victims and patriots of 9/11 with Elgar's reflective Piano Quintet in a, Op. 84, and other appropriate works."

Kicking off the annual Musical Raft Trip through Cataract Canyon, the final Grotto Concert on Monday, September 12 matches the serene beauty of the Grotto with the music of Baroque master Brahms. Following the concert and reception, some listeners go back to Moab, others continue on for the raft trip.

The 2011 Festival Musical Raft Trip, a 4 day, 3-night custom Colorado River adventure, features intimate three additional concerts performed by world class musicians in unforgettable river settings and a local naturalist who leads a series of short, scenic hikes.. Winging through the pristine wilderness canyons under the late summer blue sky, the Raft Trip culminates in a thrilling run through the whitewater rapids of Cataract Canyon and a scenic flight back to Moab from Hite Marina on Lake Powell—a oncein-a-lifetime experience. The trip is suitable for most people in general good health with a minimum level of fitness and agility. No outdoor experience is necessary, but comfort with living outdoors (tents) is recommended.

For ticket information call 435-259-7003 or go online to www.moabmusicfest.org

16B • August 2011 • Moab Happenings

EDUCATION HAPPENINGS

Moab Autumn 10K Run



On September 24, 2011, a new running event will be held in Moab. Three runs will be held that morning – a 10K, 5K, and Kids' K – with all three beginning and ending at Swanny Park. All proceeds from the event will go to benefit the students of Moab Charter School (MCS) and the Grand County High School Boys and Girls Cross Country teams. The event is intended to be both competitive and fun, following an out-and-back course along 500 West and partway down Kane Creek Road and then back to Swanny Park. All participants will receive a t-shirt, a finishing medal, and post-race refreshments. The finishing medals were made by K-6 students in Moab programs through an annual event. "We thought that a healthy, outdoor event like a 10K would be a great draw for local community members and runners looking for a reason to visit beautiful Moab," says Joe Heywood, MCS Director. "We are trying to put together a very family friendly running event, where all finishers get medals made by the kids, and the Kids' K providing a great opportunity for children to get the feel of a race with a real finish line and cheering crowds. We realize it may take several years to develop into an event of significant size, but I hope this becomes something people can look forward to year after year. We thought that with the success of the Canyonlands Half Marathon, the Other Half, and the

Winter Sun 10K, and many other races, this race can fit neatly into Moab's annual running calendar. With all funds going to kids, it gives the event an added purpose, too." So, if you're looking for a reason to get out and run before the weather turns too cold, come on out to enjoy this new Moab race. It doesn't matter if you want to run, walk, or do a little combination of the two, all are invited to what should be a very enjoyable event. To register for the 10K, 5K, or Kids' K, please go to the website at www.moabautumnrun.org.



Keeping the HEAT

turned up for higher education in Grand County!

Utah State University recently purchased the old city hall building adjacent to USU's current building at 125 West 200 South from the Moab Investment and Development Company. Senior partner for MIDC, Joe Kingsley, stated: "We recognize the value higher education has on a community and we worked with USU to substantially discount the price so they could acquire the building within their budget."

Steve Hawks, Executive Director and Associate Dean for the Moab Center, praised the working relationship with Joe Kingsley and his associates. He added; "The purchase of this building is a needed next step to meet the demands of growing enrollments in our community. For the immediate future we are adding four classrooms and four administrative offices in the new building. Enrollments at the Moab Center have seen significant increases, more than doubling in the past two years. Much of this growth is due to new full-time faculty members, degree programs, certificates, and pre-requisite classes that have never been available in our community. These programs include medical assisting, certified nursing assistant, criminal justice, social work, and recreation resource management. In the near future we will be able to offer such classes as microbiology and physiology."

Steve Hawks further notes; "The purchase of this building does not stop the vision of having a regional campus in our community. If anything the new building allows us to grow and build programs, faculty, and a larger body of students. Our vision remains the same and that is to have a college campus south of Moab within the next several years."



Rick Thompson, Floyd Humphreys and Sam Sturman watch as Joe Kingsley hands over the keys to the front door of the old city hall building to Steve Hawks from Utah State University.

Canyon Country Discovery Center and Four Corners School have new home north of Monticello

The Four Corners School of Outdoor Education is pleased to announce its groundbreaking for the Canyon Country Discovery Center (CCDC) August 12th from 5-7pm. The Discovery Center is designed to be the new campus of Four Corners School of Outdoor Education and to serve as a significant destination point for the two million visitors who travel through the heart of the Colorado Plateau each year as well as local residents.

The Discovery Center will be located on 48 acres just north of Monticello. If you look west at the Monticello welcome sign on the north side of town, you will see the location for the project. Over the next few years, a 21,635 square foot LEEDS-certified facility is planned to be built on the site.

A four-year, \$8.6 million campaign is in process to raise the funds necessary to build and operate the facility. Four Corners School founder Janet Ross reports that fundraising for the Discovery Center project is going well.

In 2002, two members of the City of Monticello Economic Development Committee proposed the idea of a hands-on, informal educational science center that they believed would create new opportunities for the area's students, teachers, families, and economy. Over the following years, the idea was developed and expanded by the Economic Development Committee and their chosen

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partner, Four Corners School of Outdoor Education.

The Discovery Center will design all its programs around an educational philosophy known as "place-based education." Place-based education helps students learn about the world by first developing a deep knowledge of their own community's history, culture, and ecology—a knowledge of their own "place." The Discovery Institute for Conservation Education will offer all its programming from multiple perspectives, and be designed for multiple ages and diverse audiences, including Navajo, Hispanic, Hopi, and Anglo--all cultures of the place called the

Colorado Plateau.

In accord with its educational philosophy, all of Discovery Center programs will be based on five content areas related to the Colorado Plateau. They are Natural History and Landscapes of the Colorado, People and Place of the Colorado Plateau, Canyon Country Land Use and Energy, Canyon Country Astronomy and Weather, and Water and its effects on the Region.

The Discovery Center will offer both onsite and outreach outdoor education programs around their Colorado Plateau content areas, including: Hands-on learning stations, with all signs and other written literature in English, Navajo, and Spanish. Outdoor Classroom elements will be Constellation Circles, Analemma, Pond and Wetlands,

Nature Playscape, Animal Tracks, a Colorado River model, stream table, geo-strata wall, Vertical Axis Wind Turbines, Ethnobotany Trails and Gardens, Solar Display Panel, Dendrochronology benches, and a Wildlife Puzzle. Astronomy will be a special part of the outdoor classroom with a complete roll-off roof observatory, already on site.

Teacher education programs will be offered both as onsite and outreach programs. Professional development at CCDC will ultimately lead to certification in place-based education.

Research programs will be directed by a full time Ph.D. Research Director and run by short and long-term visiting researchers and their students. A small field lab will be available for researchers as well.

A conference/community meeting hall and classroom will be included. The 2,000 square foot dividable area will be used for conference groups, local clubs and special events, and will accommodate up to 150 participants. CCDC classes will also be held and a bouldering wall is planned for after school activities.

Certification programs will be offered in outdoor leadership, range/recreation, archaeology, and place-based education certification. For more information go to www. fourcornersschool.org or call 435-587-2156 to attend the groundbreaking event.



www.moabhappenings.com Moab Happenings • August 2011 • 17B

Your Monthly Horoscope - August 2011

July 23 - Aug. 24



Leo: Happy Birthday Leo. Make sure you are clear in all your communications and plans the first three weeks of August, but especially on the 5th, 9th, and 17th. Don't be caught bragging on the 5th. Under play everything the second week of August. Just be James

Bond and you'll do fine. Everyone is walking around in a fog the third week of the month, so take care to avoid accidents. After the 24th you focus more on your cash. Your best days for money matters are the 28th and the 30th.

Aug. 24 - Sept. 22



Virgo: You may feel a little run down this month. Let those around you know in no uncertain terms that you need your rest, especially on the 5th, 9th, 11th, and 17th. Secrets are only secrets if you keep them. Don't give any away on the 5th. Avoid crazy people wanting

to date you on the 11th, or people who have trouble focusing their eyes during the entire third week of August. After the 24th your energy level returns. Just have fun the last few days of the month.

Sep. 23 - Oct. 23



Libra: Keep communications with your friends as clear as possible this month as you will be spending a lot of time with them. Days to watch out for are the 5th, 9th and 17th. Dream your future this month and take your time doing it so you get it right. Avoid crazy

people at the office on the 11th and any friends who are on drugs the third week of the month. After the 24th you will probably like to get some down time as your batteries are getting low. Let the stars bring the fun to you the last week of August.

Oct. 24 - Nov. 22 Scorpio: Work at keeping all your inter-office communications as clear as possible. Triple check everything on the 5th, 9th, 11th, and 17th. Stay away from any militant religious wackos on the 5th and the office water cooler crowd the

entire third week of August. Also, don't stoop to passing along rumors or gossip this month. After the 24th you just want to party with your friends and have fun. The last week of August is built just for that purpose. Enjoy.

Nov. 23 - Dec. 21



Sagittarius: Your church group needs a leader who can keep instructions clear this month. You will love showing them how easy that can be with notes on the 5th, 9th, 11th, and the 17th. Someone will be trying to separate you from your cash on

the 5th, and keeping clear of anyone who looks suspicious or threatening would be a good idea during the third week. After the 24th your career needs your attention. There are matters needing to be handled that have been put off. Get them out of the way quickly the last week of August.



Capricorn: There's confusion over the joint checking account this month. Keep things as accurately as possible for the first three weeks but don't expect to find the solution to the problem until after the 27th. Avoid overconfidence on the 5th and stay clear of angry partners during

the third week of the month. After the 24th things calm down and you can accomplish many things that have been on hold. Use the last week to launch a new project you've been hold back on, as well.

Jan. 21 - Feb. 18

Aquarius: Keeping communications clear with your partners is key this month. If you're married, notes on the 'fridge are a big help and you don't look like a nag...' well, not that much. Allow for others not paying attention. Watch out for the office bully on the 5th, they are

in a twitchy mood. Also avoid anyone who can feed you misinformation during the third week on the month. After the 24th your focus moves to handling matters about jointly held assets. If you can't balance the checkbook right off wait until after the 27th. Take the last days of August and have some fun.

Feb. 19 - Mar. 20



Pisces: Double check instructions on the job this month. There's a good chance someone got it wrong, and doing things twice is a pain and it costs a lot of money. A lover is scrapping for a fight on the 5th, so be warned. Guard yourself and avoid vagueness between

you and your partner during the third week. After the 24th you focus more on your partner and the last week of the month portends to having a good time no matter what you do in their company.



Mar. 21 - Apr. 20 Aries: Hints and innuendo between you and a lover could get really messed up this month and that can lead to missed opportunities and hurt feelings. So when it comes to romance, stay honest, clear and above board. Don't take anything for granted with your sweetie on the 5th as

By Rob Wells

overconfidence can backfire on you. You should stay away from any office loonies who shuffle their feet and mumble on the 11th, 15th, and 17th. After the 24th you pay more attention to getting the work out of the door and the last week of the month is set to assist you in this endeavor.



Apr. 21 - May 21 Taurus: Be on guard about fouled communications at home this month. Don't leave your child waiting for you to pick them up after practice or forgetting a birthday. Bad form. Keep things clear and go over the plan often. Don't let overconfidence in your physical abilities

land you with a sprain or worse on the 5th. The crazies are loose in the office during the third week, be warned. After the 24th you get to focus on pet projects and the kids. Take the last week to get back to some quality time with whatever it is that brings you joy.



May 22 - June 21 Gemini: Murphy's Law will be ruling your life if you are not careful this month, and let me add that what goes wrong will happen at the worst time possible. Double and triple check plans, communications and look out when you get behind the

wheel, especially on the 5th. Just because you can drive doesn't mean you can break the rules. Wack jobs are everywhere it seems during the third week of the month. After the 24th you can spend some quality time at home. Gather friends and family for an extended party.

June 22 - July 22



Cancer: Financial matters get really messed up this month. Perhaps pushing things out to the end of the month is possible to avoid making matters worse. It's not that you lack cash; it's trying to figure out how much and where it is, if that makes any sense to you. You can get

it all fixed after the 27th. Don't go on a spending spree on the 5th. That would be bad. Talking about the confusion just makes matters worse on the 9th, 15th, 11th, and 17th. After the 24th you get moving with great results. Handle everything in a matter of hours so you can spend the last days of August by the pool.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."





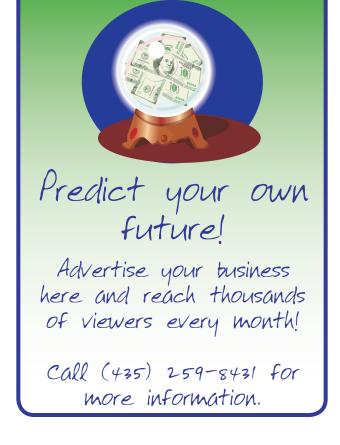
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AROUND MOAB HAPPENINGS

Women's Redrock Music Festival

Driving into the town of Torrey, Utah and witnessing again the splendor of the red rocks that surround you, one gets the feeling that they are coming into the arms of an old love that stepped forward to welcome you back. It is here that the past four Augusts have seen hundreds of music lovers that make their way to this enchanted little town to assemble together in the shadows of the red rock and under the stars and cottonwoods to hear music previously unimagined in sleepy Wayne County.

This summer, August 12-13 will see faithful veterans and newcomers which will gather again to enjoy what has become, one of the best music festivals in the West. The two-day festival—now in its 5th year—is organized by Carol Gnade, Jeri Tafoya, Laurie Wood, and Lu Prickett—attracts its audience from all over the country and many from around the world. Last year the festival drew a crowd of nearly 600 – the limit to how many are allowed

on the grounds of Robber's Roost Bookstore. The musicians perform with a background of stunning red rock and the audience enjoys the coolness of the August evenings. Torrey has the same elevation as Snowbird (despite being just a few miles from Capitol Reef where afternoon August temperatures can reach the high 90's) which make for some perfect evenings.

"Part of building this festival into what it is today is doing it with such a great group of ambitious women that make it happen." says Jeri Tafoya, Program Manager. "There is a

plaque that reads "Walk with the dreamers, the believers, the courageous, the cheerful, the planners, the doers, the successful people with their heads in the clouds and their feet on the ground. Let their spirit ignite a fire within you to leave this world better than when you found it." "We never had experience with anything like this before. But we were all community driven and giving back to our communities to make this world better than when





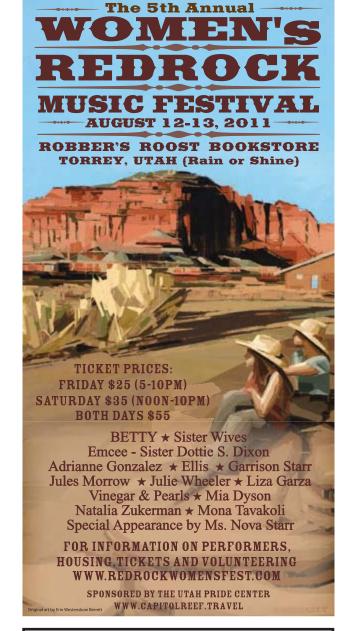
we found it by introducing (many times) unheard music is very rewarding to be apart of." "This year we are so excited to have on stage performers such as Garrison Star, Natalia Zukerman, Adrianne Gonzales, Ellis Delaney, BETTY, along with many local talent such as Mary Tebbs,

Bronwen Beecher, the Sister Wives, and a very talented young diamond in the rough, Jules Morrow with whom I believe is what this music festival is all about."

This not for profit festival has raised money for music scholarships, community, and shelters as well as filling the town's hotels, restaurants and camp sights. A ripple effect that has flows through Wayne County each year at this time. What started out as an idea from Carol Gnade who founded the WRMF after moving to Torrey with her partner, turned into a something that

supporters from all around have come to embrace. Torrey's mayor, Adus Dorsey states "The Annual Women's Red Rock Music Festival brings a lot of excitement to Torrey Town not to mention a huge boost for our local county businesses. The talent is of the highest caliber, and the event provides a wonderful opportunity for us all to get to know new people and share the beauty of the area. (And like the old saying "it is pretty close to being the most fun you can have with your clothes on)."





Interested in More Information?

The 2011 Women's Redrock Music Festival takes place in Torrey, Utah, on August 12 & 13.

For more information on the festival, including performers, housing and directions, visit

www.redrockwomensfest.com





www.moabhappenings.com

Moab Happenings • August 2011 • 19B

********* PET HAPPENINGS

My Dog Got Skunked... and other Pest Problems

We get asked the same two questions consistently during the summer months at the Moab BARKery. The first question is, what do you do when your dog has been skunked at 2 am and the store is closed? The second question is, are there natural products that control fleas, ticks and mosquitoes? We thought we would share the best answers we have found to help you deal with the pest that your dog tries to mess with as well as the ones that try to mess with them.



If you've ever had a dog that decided to pick a fight with a skunk you know that the outcome can be rather unpleasant for your dog, your home, you and really anything that they touch. So what do you do when your dog has been skunked at 2 am and the store is closed? Here is a simple recipe of common household items you can mix together to get rid of Fido's new fragrance (hint: it works on cats too!)

Skunk Rinse Recipe Mix this formula fresh (it can't be stored)

- · 1 quart hydrogen peroxide (the 3% hydrogen peroxide variety)
 - · ¼ cup baking soda
 - · 2 teaspoons Dawn dishwashing liquid

*If you have a large breed dog, you may need to double, triple or even quadruple the mixture. Wear gloves to keep the skunk smell off you.

Don't wet down your pet. Apply the mixture to your pet's dry coat from the collar back toward the tail. Don't pour it near the eyes because the hydrogen peroxide solution can burn them. Use a sponge to apply the solution to your pet's chin, cheeks, forehead and ears, being very careful not to go near the eyes.

Lather the mixture into your pet's coat and skin. Rub the solution around for about five minutes or until the skunk smell starts to dissipate.

When you rinse the head area, tilt your pet's chin upward so the solution does not run down into the eyes; instead allow the water to run back off his neck. Do a complete rinse once the smell starts to decrease, then repeat the entire

process again if necessary. You may need to repeat the lather and rinse process up to three times if they took a direct hit. Make sure to completely rinse the



pet. Your final rinse should be very thorough to ensure there is no irritation.

If you don't want all the hassle of mixing up a batch for yourself the Moab BARKery carries Skunk off (premixed and ready to use) for convenience. It pays to keep it on hand for dogs and cats that just want to "play" with their stinky skunk friends.

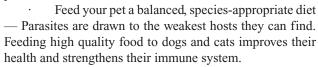
Many people don't want to risk endangering the environment, their pet or themselves by using chemical means for pest control. Some people have sensitivities to

certain chemicals; others just don't want to do it so they seek out natural preventions and remedies. So, are there natural products that control fleas, ticks and mosquitoes? There are many products on the market for pest control on your pets, some are natural and some are chemical based.

Chemical based products that are "spot" treatments are actually considered to be carcinogenic by the EPA, and there are many reported cases of serious side effects and even death so make sure to follow the instructions (read them twice!) and use the smallest dose possible to ensure your pet suffers little to no side effects. If you have a little dog or a dog that is unlikely to be exposed to these pests consider natural treatments only. The smaller the animal the more likely you are to overdose them! We subscribe to a great newsletter (and recommend you do too) written by Dr. Becker at Mercola Pet. We also frequently share her articles on our Moab BARKery Facebook

page so you can find the subscription link there too. Here is some invaluable information about pest control she wrote about recently:

To truly keep your dog or cat safe from fleas, ticks, mosquitoes and other annoying critters, a repellent – we recommend Protect by Pet Naturals of Vermont – is only one part of a total program of protection. There are several other things we recommend you adopt as part of successful pest control ...



· Give frequent baths — Bathing your pet with a natural, non-toxic pet shampoo will not only help keep pests away, it will also make it convenient for you to check your pet from head to tail.

· Grooming and brushing — regular brushing or combing (with a flea comb if fleas are the problem) will help you find pests on your pet's fur and skin. Plus, it makes their coat look fantastic and it can provide a great bonding experience.

Tidy up your indoor environment — there are many ways pests can find their way into your home. They fly in, crawl in or ride in on pets and people. Keeping your floors, drapes and furniture clean and vacuumed will help prevent fleas and ticks from anchoring themselves in cracks and crevices. Keep your pet's bedding as clean as possible.

Examine your outdoor environment — since tick, flea, and mosquito infestations start outdoors, take the time to inspect the area around your house and take action where you can. For example, ticks and fleas thrive in bushes and undergrowth. Keep your grass cut and leaves raked to limit the places around your home where pests can hide and breed. Mosquitoes prefer standing water so by eliminating it, keeping your rain gutters clean and keeping your pets indoors during the early morning and early evening hours you will prevent any contact with them.

Visit your vet regularly — your holistic vet can be a great partner in keeping your dog or cat in optimum health, which will reduce the likelihood your pet will be an attractive host for pests.



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Special Thanks To Utah Families Foundation for honoring HSMV on August 16th with a special grant for our Happy Tails Haven Project which works hand in hand with Seekhaven. This is the first time UFF has awarded a grant to a pet rescue and we are deeply honored! If you would like more information on our programs, please go to our website, www.moabpets.org.

For all other information please check our website **www.moabpets.org** or call our office **435-259-4862**.

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